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Photo by Donald Schulte

Happy New Year from all of us at Grosse Pointe Magazine!

On the cover

This issue's cover art by renowned Grosse Pointe Shores artist Dominic Pangborn illustrates two of his favorite scenes — his Lake Shore Road courtyard and the Grosse Pointe Yacht Club. Reprints of Dominic's cover art are available for purchase by contacting publisher@grossepointemagazine.com.



Where in the Pointes?



Where in the Pointes is this object? On Monday, Jan. 23, we will ask this question on our Facebook wall. The first person to respond with the most specific answer will win a gift card for Champs Rotisserie & Seafood! Participants MUST wait for the question to be posted by Pointe Magazine. Good luck! (Last issue: Mack alley at Kenmore.)

To find us on Facebook, search "Grosse Pointe Magazine"

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John Minnis
Editor and Publisher

POINTE MAGAZINE

Happy New Year!

Welcome to 2017. It promises to be an exciting year! 2016 saw an improved economy, rising home values and sales and employment higher than before 2008. Let us hope and pray that the good economic trend continues!

Of course, the New Year is also the time for well-meaning, healthful resolutions. Mine include losing weight, getting to the gym more often and running. Everywhere we see articles on how beneficial running and other aerobic exercises are for your health and heart. Besides, running in Grosse Pointe along our tree-lined streets and beautiful homes is in fact a walk (jog) in the park!

I also resolve to be more active in the community and

with the organizations of which I am a member. They include Rotary, Services for Older Citizens, the Grosse Pointe Library Foundation, The Family Center and the Grosse Pointe Chamber of Commerce. Yes, that is a handful, but well worth the time and effort!

I also resolve to take the suggestion of a good friend and mentor, Lauren Chapman, who recommended that we feature and promote “random acts of kindness.” I resolve to do at least one random act of kindness a week, and I urge you, our readers, to do likewise. In fact, if you hear of someone committing a random act of kindness, or if you are the recipient of such a good deed, let me know so I can include it in this space in future issues of *Grosse Pointe Magazine*!

Lastly, I resolve in the New Year to patronize our many loyal and excellent businesses. In fact, during this past holiday season, I did make it a point to shop in Grosse Pointe for Christmas gifts. Two of my favorite gifts for Terry came from local stores: a nifty olive oil mister from Vera’s Daughter in The Village and a Shinola watch from Edmund t. AHEE Jewelers.

I urge all of you to take advantage of our many faithful advertisers and businesses and organizations in Grosse Pointe. Without them, life in Grosse Pointe would not be as wonderful as it is. We are truly blessed to live in a community with so much to offer. It is indeed like living in a garden, a paradise.

Happy New Year and see you around the Pointe! ☺

“

I resolve to do at least one random act of kindness a week, and I urge you, our readers, to do likewise.

”

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Meet Jack

Name: **Jack Theodore Cavanagh** Birthdate: **July 22, 2016** City: **Grosse Pointe Woods**

Parents: **Ryan & Alexis Cavanagh** Siblings: **Ada, 5 and Harrison, 2**

Favorite activity: **Rolling around with his cousin Bob and watching the Wings with Dad**

First words: **He is full of coo's and shrieks.**

Cute habit: **He is extremely ticklish!**

About Jack *in Mommy and Daddy's words*

Jack was over 10 pounds at birth, so we called him our little 'moose.' He's happy 99 percent of the time, until he gets hungry and then look out! He loves food so much we joke that his teeth are coming in early just to accommodate his appetite. His brother and sister think he's pretty cool too, and love to read him stories at bedtime. He's an absolute light in our lives, and it's been a wonderful year for the entire family.

Meet Mia

Name: **Mia Fakih** Age: **9** School: **Richard Elementary School**
Parents: **Rand & Mohamad Fakih** City: **Grosse Pointe Farms**
Interests: **Swimming and reading** Siblings: **Hana**

Favorites

School Subject: **Reading/writing** Food: **Stuffed grape leaves and pasta**
Vacation: **Lebanon and Paris** Book: **Land of Stories** Outdoor Activity: **Ice skating and swimming**
Game: **Monopoly** Family Activity: **Traveling, going to the movies**

What do you want to be when you grow up?
I want to be a doctor, an infectious disease doctor, just like my dad.

What is your favorite thing about going to school?
Everyday I learn something new.

Who is your hero and why?
My mom and dad are my heroes because they always push me to do the best I can.



About Mia

"My name is Mia. I was born and raised in the beautiful city of Grosse Pointe. I have the best sister in the world, Hana. I always look up to her because I think she is very smart and helps me whenever I need her. My family is very important to me. I look forward to traveling and visiting my family abroad. I also like to travel with my parents every year to visit different countries and learn new things."



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Meet Alex



Photo by The Portrait Place

Name	Alex Caruso
Age	15
City	Grosse Pointe Woods
School	Grosse Pointe North
Parents	Lisa Spreder & Mike Caruso

Alex's Favorites

Music Artist

Logic

TV Show

Netflix's *Daredevil*

Movie

Terminator 2

Actor/Actress

Arnold Schwarzenegger

School Subject

History

Vacation

Caribbean cruises

Food

Spaghetti and meatballs

Book

Green Eggs and Ham

Teacher

Mrs. Ameen

Extracurricular Activity

Wrestling

About Alex

Alex, a student at Grosse Pointe North, has a brother, Michael, 20, and two step brothers, David, 27 and Don, 24.

“Physical fitness is very important to me. I love to better myself physically and mentally by running, weightlifting and wrestling. Seeing myself grow and become stronger by training and putting in hard work is very rewarding.

Although that can be time spent alone, my family always comes first. Spending quality time with the ones close to me is the most important thing in my life.”

What song have you downloaded that would surprise people?

“You are My Sunshine”

What unique skill do you possess and what would you like to learn?

I can walk on my hands. I would like to learn how to do a back flip.

If you could have three wishes granted what would they be?

To end discrimination, to end world hunger, to see the loved ones I have lost one more time

Where do you see yourself in five years?

Studying hard in college

What did you want to be as a child and what do you want to be now?

I wanted to join the military when I was younger. Now I want to be a psychologist.



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DREW BREMER

U.S. PARALYMPIC NATIONAL SOCCER TEAM COMPETITOR

By Brian Marshall

Drew Bremer has had to fight for everything he has accomplished, and those efforts paid off in a big way.

Bremer, of Grand Rapids, was born with hemiplegic cerebral palsy. It left him with weakness on the right side of his body. Despite certain limitations, Bremer wasn't going to be left on the sidelines.

"He was young, he didn't care," says Bremer's mother, Lisa, who grew up in Grosse Pointe Park. "He's always dealt with it. He's always had a go get-em and 'I can do what I want to do' attitude."

Bremer rode that attitude to East Grand Rapids High School, where he played three years of varsity soccer. Bremer explains what it's like to play with his limitations.

"I can't move my toes or my foot in certain ways," he says. "It's really hard when I play soccer to use my right foot because it's weaker and I can't do certain things."

Bremer, a senior at Kalamazoo College, beat the odds again when he made the soccer team as a junior.

Bremer's adventure wasn't about to end there. In fact, it was about to reach its pinnacle. Bremer made the U.S. Paralympic National Soccer Team, which was headed to the Rio Paralympics in September.

"To be part of the U.S. team was just an awesome feeling," Bremer says. "One of the best experiences of my life for sure. We had 13 players from all across the country and it was awesome to hang around with them for six months."

The U.S. tied one game, lost three and won one. Bremer soaked in the atmosphere.

"From the beginning to the end it was a great



Drew Bremer competed in the Rio Paralympic Games as a member of the U.S. Paralympic National Team.

experience. From playing in front of 11,000 people to interacting with all these athletes from other countries, it was a once-in-a-lifetime experience."

Bremer's grandfather, Ken Van Dellen of Grosse Pointe Park, has been perhaps his biggest supporter.

"Throughout the entire process he's been as excited for it as I've been, if not more," Bremer says.

Bremer looks back to those days as a kid when there was no way he was going to sit on the sidelines.

"I never saw my cerebral palsy as a deterrent," he says. "I wanted to be with my older sibling. It helped me to do well with all the other kids and it was a way to strengthen my right arm and right leg."

Bremer's Paralympics experience was topped off with an invitation to the White House at the end of September with the Olympic teams and his good friend and teammate, Josh Brunais, who was the flagbearer for the closing ceremony of the Paralympic Games. [P](#)

Editor's note: To view Drew Bremer's winning goal against Ireland, visit www.youtube.com and search for "Drew Bremer."

Reach your resolutions

Add to your arsenal

For many people looking to better their health in the coming year, the thought is much easier than the action. Prepare yourself for all of the fruits and vegetables you plan to add to your diet with the right tools to turn ingredients into delicious recipes, such as a blender. A versatile kitchen tool to have on hand, a blender can give you the ability to turn an ordinary breakfast into a standout smoothie or make it easier to opt for a healthier frozen fruit drink rather than a soda.

Fun family time

While so many New Year's resolutions are centered around individual goals, there are ways to better both yourself and those most important to you — family members. One way to increase family time with fun, engaging activity is with classic board games, card games or jigsaw puzzles that can serve as the main event for a designated weekly night together. With varying options for different age groups and interests, there's a board game or puzzle out there for every family.



Yearn to learn

With all the attention paid to physical health goals around the New Year, don't forget about your mental health. By investing in an e-reader or tablet, you'll give yourself a tool to stay up-to-date on current events plus a handy device that allows you to keep many of your favorite books right at your fingertips. With their variety of functions and abilities, tablets and e-readers can help you combine learning with entertainment.

Source: Family Features/Getty Images



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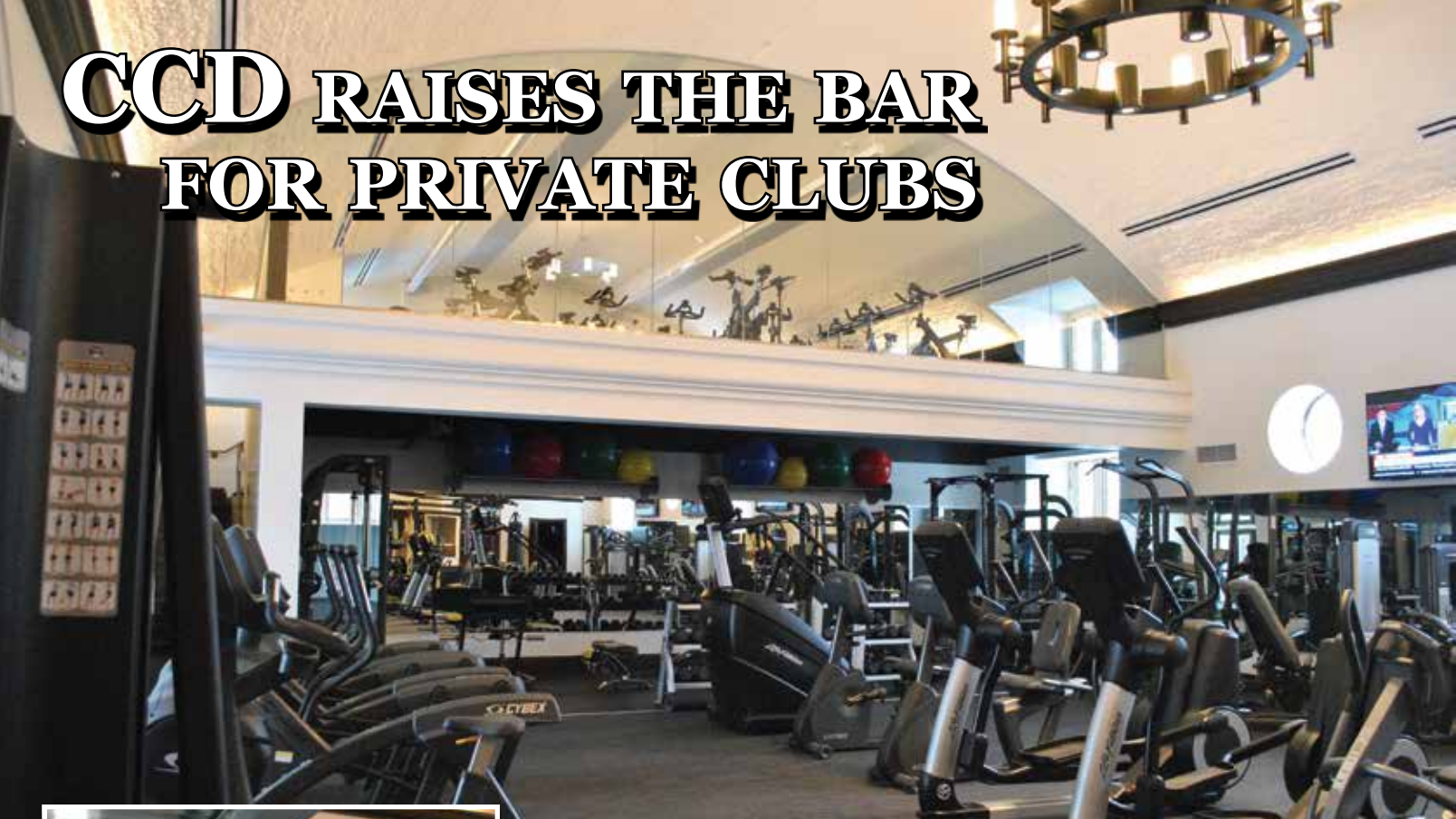
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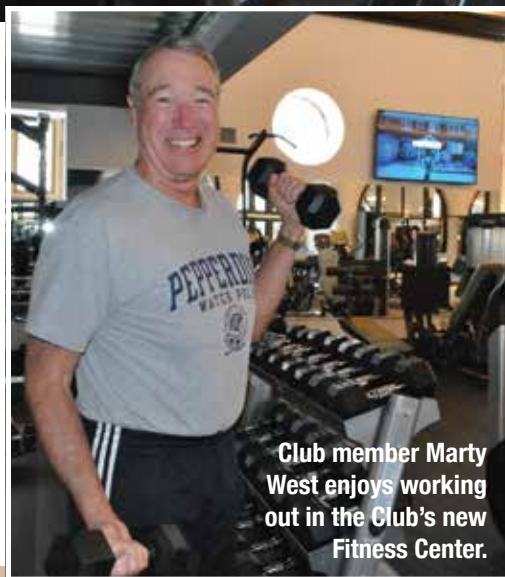
CCD RAISES THE BAR FOR PRIVATE CLUBS



By John Minnis

With the Grand Opening of its new Bowling and Health & Fitness Center — combined with recently added Summer Village amenities (casual dining restaurant, racquets building, toddler pool, expanded pool deck) and expanded golf practice area — the Country Club of Detroit has raised the standard for premier private clubs, not just in Grosse Pointe and Michigan but nationwide.

The Club's former bowling facility was gutted and its dropped ceiling removed (exposing windows not seen in 80 years) to make room for the 5,000-square-foot Health & Fitness Center, complete with a "spin studio" mezzanine, group workout room, children's room (child-watch service), two massage rooms and a mass of treadmills and exercise equipment. An original indoor pool was excavated and the entire natatorium wing underpinned with a new foundation to accommodate a new state-of-the-art Bowling Center, complete with a full bar, induction-heat



Club member Marty West enjoys working out in the Club's new Fitness Center.



Massage therapist Melonie Jackson practices her technique on Karen Clark, physical and medical trainer/therapist.

Photos by John Minnis



At right, Joe Conflitti, director of bowling operations, loves his new, state-of-the-art facilities at the Country Club of Detroit. More than 1,000 bowlers already have tried the new lanes, he says.




buffet, booth seating with repurposed arched windows, new synthetic lanes and computerized scoring. The Men's Locker Room also was completely renovated and a casual entrance to the Health & Fitness Center added. High-end finishes were used throughout, keeping with the elegant-yet-understated atmosphere of the 90-year-old clubhouse.

"We are extremely pleased with the finished product," says general manager Craig Cutler. "The member response has been overwhelmingly positive."

Joe Conflitti, director of bowling operations, says the new lanes have already seen more than 1,000 bowlers since opening in early November. The holidays were completely booked as of mid-December.

"The number of families, the children, you see down here is really great," says Conflitti, who oversaw the final year of the former bowling center and was involved in every decision for the new Bowling Center. "This is like a dream for me. I always wanted to have a bowling alley when I was a kid."

Shortly, the Casual Entrance to the Club will be opened to accommodate casual and fitness attire; the new entrance will also serve as the Club's "historic hall," displaying artifacts and memorabilia highlighting the Club's 120 years.

"This was an incredible adaptive reuse project for the Club," Cutler says. "We believe this brings us closer to our vision of being one of the nation's finest private clubs." 





American Heart Month

Prevent heart disease with three key strategies

By Susan Bollinger

Prevention is key to keeping your heart healthy, according to cardiologist Srihari Ravi, M.D. First and foremost, advises Dr. Ravi, exercise. “It will prevent heart disease and improve many medical problems that affect your heart – diabetes, high blood pressure, cholesterol, and weight.”

Exercise doesn’t have to be a chore. Go for a walk every day, take up yoga or join a local exercise class. Find an exercise buddy and encourage each other. Mix it up so exercise becomes a fun part of your day.

Next: Make some changes to your eating habits and lose weight. Dr. Ravi recognizes food is an important part of life, and patients may not be open to dietary changes because they think they won’t be able to eat their favorite foods.

“Life has to have taste!” implores Dr. Ravi. “You can still enjoy your favorites, but cut back on portions and high-calorie, high-fat foods. If you also exercise, you will lose weight.”

Explore different foods — especially fresh vegetables, salads and fruits — and add them to your diet. You may find some new favorites you really like that are good for your waistline and your heart.

Finally: Dr. Ravi encourages smokers to quit.

“Tobacco is one of the worst drug addictions, and to quit, there must be motivating factors,” he says.

Smoking is costly — not just the cigarettes, but the health problems that inevitably arise.

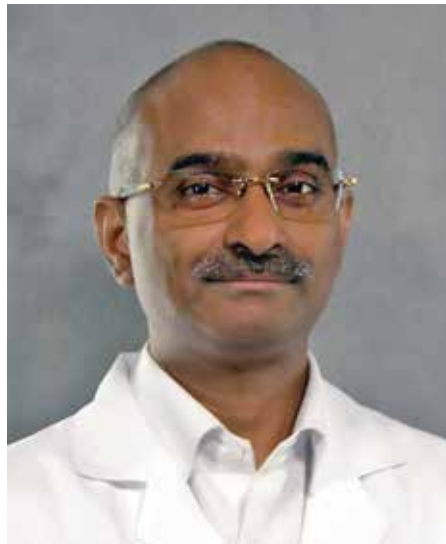
“If you smoke, you’ll spend time and money on doctors, hospitalizations, medications and days away from work and play. I tell my patients who are smokers, ‘If you stop smoking, I’ll buy you a new car with all the money you’ll save,’” he says.

Dr. Ravi also advises everyone to keep a few key symptoms in mind that you should never ignore.

“If you have shortness of breath, tightness, squeezing, heaviness or pain in your chest, or if you feel dizzy, have jaw or shoulder pain, or are unusually tired or fatigued with no explanation – don’t sit on it,” urges Dr. Ravi. “If these symptoms last 10 or 15 minutes, go and get a simple electrocardiogram. If you are having a

heart attack, you’ll limit damage to your heart muscle and possibly save your life.”

Dr. Ravi is board certified in cardiovascular disease, nuclear cardiology and echocardiography, and sees patients at Eastside Cardiovascular Medicine, 25195 Kelly Road, Roseville. For an appointment, call (586) 775-4594. [P](#)



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DETROIT CONCERT CHOIR 30 years

By Lauren McGregor

This year marks the completion of thirty illustrious seasons for Grosse Pointe-based Detroit Concert Choir (DCC).

“We’ve always been centered in Grosse Pointe, first at Grosse Pointe Memorial Church and now at Grosse Pointe Woods Presbyterian Church with weekly rehearsals at Grosse Pointe North,” explains executive director Christine Rouce.

The choir has come a long way in three decades, winning several regional and international competitions, including First Place and Top Awards at Llangollen International Music Eisteddfog in Llangollen, Wales.

“I am very grateful for what we have accomplished,” says Rouce, whose father, David Gordon, founded DCC.

“It’s a wonderful challenge to be able to compete, sing and share with other countries,” says Michelle Metes of Grosse Pointe Shores, who has been a member of DCC for 25 years.

DCC has sung in 32 languages, including various dialects, and hired dialect coaches to ensure authenticity. “We strive for excellence,” says Metes.

Two upcoming concerts will be held in Grosse Pointe. The first is Celtic Celebration, featuring music from Ireland, Scotland and Wales, at Grosse Pointe Woods Presbyterian Church on March 18 at 7:30 p.m.

“We started Celtic concerts in March years ago, incorporating Irish pieces for St. Patrick’s Day,” explains Metes. “Guests loved it. We have had dancers and pipers and hope to incorporate those elements in this year’s concert.”

The second Grosse Pointe concert is Mozart Requiem and Bach Ascension Oratio, a classical performance with a full orchestra at St. Paul on the Lake on May 20 at 7:30 p.m.

“This is a strong year. After recent auditions, there has been an influx of younger, new voices who are well trained and

passionate about classical music,” says Rouce. “The younger sound has added a freshness, a nice energy.”

The choir now boasts 93 members.

“We are like a family,” says Metes. “It was very hard losing David Gordon (who passed away in 2015). He *was* the DCC. He founded it. But I am proud of the transition we have undergone. We had a period of mourning, and now we are moving forward and building a wonderful sound.”


She credits new artistic director Brandon Johnson, DMA, with the successful transition.

“With a new director, comes a new direction,” says Metes. “He is an excellent conductor, adapts to all venues, is focused, and knows how to execute exactly what he wants.”

Prior to a 2014 move to Michigan, Dr. Johnson was director of choral activities at Houghton College in New York and founder and artistic director of Vox Lumine, a professional vocal ensemble in New York. He has performed in venues across the country, including Lincoln Center’s Alice Tully Hall, the Kennedy Center and the renowned Carnegie Hall, and in recent years, has been invited to conduct for several world renowned organizations.

Dr. Johnson says DCC has three central visions: an early music ensemble comprised of voices and instruments; a program to help support young singers, conductors and composers as they establish their careers; and a supplemental youth education program to help support the Detroit schools music education programs.

“Artistically, the central focus has been to recapture the position of the Detroit Concert Choir as the primary organization for choral singing in Detroit,” says Dr. Johnson. “We are making plans to establish one of the most sophisticated choral music organizations in the country.”

Concert tickets are available at detroitconcertchoir.org. 



Dr. Brandon Johnson



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POINTE FITNESS ELITE TRAINING for Women

By John McTaggart

The Elite Training for Women program at Pointe Fitness & Training Center has evolved since its early days in 2009.

As it's grown, Elite Training for Women has changed lives by promoting fitness, building strength, and most of all, Pointe Fitness owner Ken Welch says, by improving attitudes and instilling confidence in women from all over the area.

"I think we are at a point now where the program is doing the most good," says Welch, who has replaced the original concepts and methods of the program from a class format, in which everyone does the same practice at the same time, to a format where women can learn at their own pace under Welch's guidance.

"Everybody is able to do their own thing, because everybody knows how to do their own thing," he says. "What we've been able to do is take it out of the format where the instructor says 'do this and do that' to a format where I teach these ladies how things work, and teach them how they can develop their own routine. They don't just follow; they learn to lead themselves to become stronger and more confident. That's very empowering."

Welch is a coach to program participants, watching as they progress, offering tips, guidance and instruction on an individual basis.

"I actually did a tiny bit of strength training in college, and I hated it. I dreaded it," says program participant Anna Fleckenstein. "Then, I started (Elite Training) and slowly but surely I've really come to love this program. I miss it if I can't get here. I'm not out to be a body builder, but I want to be able to lift things out of my car. I want to go to Costco and get the big case of water and lift it into the cart. I can do these things now. I've gotten stronger and more confident in what I can do. I owe that to this program."

Pointe Fitness and Training Center is located at 19566 Harper, south of Allard. For more information on Elite Training for Women and other offerings, call (313) 417-9666. [P](#)



Mary Ann Lopiccola focuses on the correct form while using a machine to strengthen her back muscles.



Mary Ann Bauman warms up with squats.



Pointe Fitness and Training Center owner Ken Welch looks on as Mary Ann Lopiccola works out her back. Welch's program gives personal instruction to participants, as well as the freedom to work independently.

Photos by John McTaggart

New Year — New You

By Ken Welch

That's what you said last year, but this year you mean it.

I think we all look for some type of motivation around this time of year, and it always seems to start out with the "New Year's Resolution."



I guess the next question is, "How is 2017 going to be different?"

In the last eight years, there's been an explosion of information about fitness. Anything you want to know or see, just Google it. My hope with this article, as with all the articles I've written, is to contribute to your motivation by presenting you with another way of thinking about the whole "working out" thing.

What I hope is to fuel your "fitness curiosity." I want to help you think about fitness and training in ways that make you want to go and find out more. Probably the No. 1 reason people fall off the workout wagon is they cease being curious about the different aspects of their training, especially when they hit a rut. Instead of wondering how they can make a routine work through rough times, most people just resign themselves to the situation. Instead of being "curious" about how to make it work, they give up.

Stay curious and seek answers to your fitness curiosities from "What other exercises can I do?" to "How can I get to the gym this week even though I have to work late and I have a project due?"

Staying curious leads to staying motivated which can make this year the year you stayed with it.

Ken Welch is owner and trainer at Pointe Fitness on Harper south of Allard. Online: pointefitness.com

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DETROIT BOAT SHOW AT COBO CENTER

By Lauren McGregor

Over 100 Michigan boat dealers and marine businesses will gather at Cobo Center to showcase their newest products and services at the Detroit Boat Show, the year's must-attend event for water lovers, February 11-19.

"The Detroit Boat Show is the original, biggest and best boat show in Michigan, and one of the largest in the country," says Michigan Boating Industries Association (MBIA) executive director and Boat Show manager Nicki Polan. "This year we're expanding again in Cobo Center and will cover more than 400,000 square feet of everything boating!"

Fishing boats, pontoon boats, cruisers, ski boats, wakeboard boats, motors, trailers, inflatables, personal watercraft, water toys, docks, decks, boat lifts, electronics, accessories and more will be for sale and on exhibit.

"In February, many dealers and manufacturers offer great boat show pricing," says Polan. "Highly anticipated new models will be on display, featuring boats of every size and for every budget."

A free seminar series will take place February 17-19 and features useful tips and tricks for boating, fishing and even cooking. Mac and The Big Cheese, described as the

Abbott and Costello of comedy cooking, have been touring nationally since 2004 and will headline the series.

Want to feel the waves in the middle of February? Check out the new Personal Watercraft Simulator, a jet-powered watercraft mounted on a motion platform that takes the rider on a virtual adventure. Boating experts will be on hand to provide information on the operating features of a jet-propelled vessel, boating skills courses, facilities, destinations, rules and registration and titling requirements.

Children are also invited to try out a simulator — Sailing Simulator — which includes a free sailing lesson with certified ASA instructors and the chance to experience how a small boat reacts to the wind and waves. Designed and built by a nuclear physicist, the simulator is one of only three in the United States. Children of all sailing abilities are welcome to participate.

Other child-friendly offerings include Pirate Village and Kid Zone featuring games, face painting, crafts and even a mermaid!

If all of that wave simulation and boat perusing has your energy lagging, stop by the food court where Centerplate is selling barbecue pulled pork, barbecue brisket, burgers, pizza, sandwiches, wraps and salads. Want to gather with friends and share your favorite boating stories? The Tiki Bar will be open and serving beer, wine and cocktails throughout the show.

Admission is \$13 for adults and free for children 12 and under. Tickets and information are available at detroitboatshow.net.

"We're looking forward to a great boat show to bring to Michigan's four million boaters," says Polan. ☐



Photos courtesy of MBIA



Maximum strength relief

By Dr. Saima A. Khan

We all suffer from the occasional aches, pains and fevers. And we know there are a variety of over-the-counter medications to help us through these discomforts. They are quite safe when used according to the instructions. Though

uncommon, even these medications can have serious, life-threatening side effects.

There are so many brand names (Tylenol, Motrin, Aleve, etc.) that it is easier to talk

about the active ingredients (ibuprofen, for example) rather than brand names. And buying them as generics, not brand names, saves you money too.

Acetaminophen is the active ingredient in Tylenol. It is good for both pain and fevers and does not cause stomach irritation or affect blood clotting. However, it can cause liver damage and even liver failure. People with liver problems — even drinkers — must avoid this medication. (So this is a poor choice for your holiday hangover.)


Pain and fever are reduced also by non-steroidal anti-inflammatory drugs, “NSAIDs.” These include ibuprofen (Advil, etc.), naproxen (Aleve) and aspirin. NSAIDs all reduce inflammation, blood clotting, fever and pain the same way. But they can cause ulcers and damage kidneys. People with kidney disease or sensitive stomachs should avoid these.

Still, NSAIDs do differ. Ibuprofen works faster, but for less time, than naproxen. Low-dose aspirin is usually safe long-term to prevent strokes and heart attacks but should not be used for fever in children.

Follow the label instructions for safe, maximum relief!

Dr. Saima A. Khan, MD, MPH grew up in Grosse Pointe Farms and lives in the Woods with her husband and three daughters. She practices internal medicine in Warren, 28351 Schoenherr, (586) 393-6500.



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Meet Meghan



Name	Meghan Smith
Age	23
City	Grosse Pointe Woods
Occupation	Special Education teacher for students with Autism Spectrum Disorders at Mason Elementary School

Meghan's Favorites

- Season**
Spring
- Movie**
Freedom Writers and *P.S. I Love You*
- Music Genre**
Country
- Vacation**
South Africa
- Spot in Grosse Pointe**
Anywhere along the lake
- Book**
Eat, Pray, Love
- Sports Team**
Red Wings
- Website**
Pinterest
- Food**
Any kind of chocolate
- Dessert**
Coldstone's Cake Batter Ice Cream

What is your favorite thing about living in Grosse Pointe?

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What are two of your best personality traits?

I am a very patient individual and I am dedicated to my profession in the field of education.

What is the best trip you've ever taken?

Last year I student taught abroad in Port Elizabeth, South Africa. I lived with an incredible host family and taught first grade at Summerwood Primary School. I went on multiple safaris, rode on an elephant, bungee jumped off the world's tallest bungee bridge, went skydiving, traveled South Africa's historic Garden Route, visited Nelson Mandela's prison cell and hiked Table Mountain in Cape Town.

What is the best gift you've ever received?

Hugs and smiles from my students first thing every morning. Those are the most precious gifts one can receive.

You win the million dollar lottery. What do you do?

I would donate money to help families and individuals affected by autism, pay off student loans and then travel the world.

What is your greatest accomplishment?

Graduating with honors from Grand Valley State University, traveling on my own in South Africa for two months and being fortunate enough to teach in Grosse Pointe.

Words to live by?

"Start each day with a grateful heart."

About Meghan

"I live in the Woods with my mom, Caroline; sister, Annie; brother, Wyatt; and dog, Lucy. I love teaching at Mason Elementary, a 2016 National Blue Ribbon School. I teach seven kindergarten students with Autism Spectrum Disorders and love my job with all my heart. Watching my students learn and grow is the most rewarding part about teaching.

In January, I will attend Oakland University to obtain my Master's in Autism Spectrum Disorders. I hope to bring more Autism Awareness to Grosse Pointe and to teach others that a label does not define someone."



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Asset allocation

By Lina Bowman

It's common to mistake diversification for asset allocation. Some people believe that the key to investing lies in owning a variety of positions, claiming that by holding 10 stocks, they hold a "diversified" portfolio. This statement, while to some degree accurate, hardly protects them from the market's fluctuations. Why not? The reason can be found in the distinction between diversification and asset allocation. Diversification merely refers to distributing assets across a number of investments.



On the other hand, asset allocation requires that the investments are spread across a variety of different asset classes, some of which have low correlations to each other. By investing in large, medium and small companies; by holding bonds, real estate, and highly liquid assets; by owning international assets, and by investing in both growth and value style investments, you can potentially capture the market's upswings while gaining downside protection.

While this can help protect your portfolio from sudden changes in the financial markets, investors should note that this alone will not guarantee results nor assure against market losses.

A change in your goals, time horizon, risk tolerance or personal financial situation may require a change in your strategic asset allocation. Fluctuations in the financial markets may also necessitate a reassessment of your portfolio.

That's why it is important to maintain an ongoing dialogue with your financial professional.

Lina Bowman is a financial adviser in Grosse Pointe. She can be reached at (313) 343-0800 or Lina@BowmanAsset.com.

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To inspect or not to inspect

By Anna Bartolotta

My philosophy with tenants in my rental properties has always been, "This is now your home, treat it as such," and I tend to have good tenants who do just that.



Tenants who maintain your rental property and treat it with respect usually do not wish to have quarterly or yearly inspections to ensure the home is being well cared for. I personally am a landlord who doesn't like to intrude on a tenant in their home; after all, in my book it is their home now.

My main source of knowledge on maintenance and how homes are kept comes from when repairs are done by my maintenance team. If the crew goes inside to repair a leak under the sink, I generally get word if the dwelling is being destroyed or if we have a hoarder inside.

Lately, my mind has been changing about regularly scheduled inspections.

What I have been learning is that the perfect tenant who pays their rent on time and never has repair issues may just not want anyone in the home to see the property and its conditions. A few months ago I wrote about city Certificate of Occupancies required by cities, but seeing the property every two or three years may just be too late.

Maybe it is the time to start thinking about what is actually happening inside of your former home or that investment property of yours. Maybe it is time to inspect.

Anna Bartolotta is owner of Grosse Pointe Apartments and Property Management. This area's only dedicated, full service, full time rental agency staffed with licensed agents.



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Jet Miller with Evie

JET MILLER

DEFER STUDENT WINS WRITING CONTEST

By Anthony Viola

Jet Miller was shocked when he heard he had won. “I thought she said Jack at first,” he says.

The 11-year-old Grosse Pointe Park resident and his classmates, with help from their teacher, Kari Mannino at Defer Elementary, entered the University of Michigan-Dearborn Young Authors’ Writing Contest. About 260 entries from third through fifth grade students across the state were submitted; Jet’s was deemed the best.

Every year of the four-year-old contest, a student from Ms. Mannino’s class has won an award. This year, five of her students took home prizes, including Jet’s Grand Prize Award.

A half-day festival accompanied the contest in November at the Mardigian Library at UM-Dearborn. There were breakout sessions held by university students, a keynote speaker, Newberry Medal winner Christopher Paul Curtis, and, of course, the awards. The contest’s goal is to promote reading and writing skills in children and offer tips to adults on helping to develop their children’s literacy development.

Jet is an incredibly perceptive young man. Sitting in a Grosse Pointe Park restaurant on a cold December morning, he orders peppermint tea and has a hard time comparing himself to his younger sister.

“I can’t really say [I’m smarter than her] because we are years apart,” he says. “I mean, she would have to be the same age because you get smarter as you grow older. Maybe wiser, but not smarter.”

He is a product of the Magnet program and very supportive parents. His father, Justin Miller, says they started reading with him at an early age. Jet says he enjoys reading fantasy books, *The Hobbit* and *Percy Jackson* for example, and attributes a lot of his writing skills to reading those books.

These skills show in his poignant, award-winning story about the family dog, Evie. It’s the ubiquitous story of having to say goodbye to the family pet.

“We have to write about emotion in our class,” he says. “So, I thought that had a lot of emotion in it. That’s a story I can remember very clearly.”



Photo by Kip Kriigel

Jet Miller and Prof. Danielle DeFauw

The sensitive retelling of an emotional time in his life shows ability well beyond his years. Evie, a vizsla, was adopted four months before Jet was born. An older sister, Jet says. Evie became sick with Addison’s Disease, and in “Family,” Jet’s story, he remembers watching his father carry Evie out the door to go to the vet, hearing the phone ring an hour later, his mother answering, and knowing already what was happening.

He recalls how a cold door knob felt good on his sweaty palms and how after he got home from the vet, tears poured down his cheeks “like a waterfall on a mountain.” Jet realizes the true meaning of family, including Evie’s place in it.

He read his story at the festival in front of 110 other elementary students, nearly 100 adults and 40 college students. Jet says his story struck a chord with the audience.

“There were people crying,” he says.

And his father says he still can’t read it.

Jet wants to continue to study writing, even through college, because he enjoys the freedom.

“I can express myself anyway I want. I could write about anything. There’s not really a limit on what I can write about,” he says. “In math, if I wrote down any problem I wanted to, it wouldn’t really be the right answer, but in writing there’s not really a right answer.”

Hot Reads for Cold Nights

If you enjoy reading, sign up for Winter Reading Program for Adults. It is easy & fun. Visit your branch library in January and February. Check out books and win prizes!



Annual Preschool Fair



Choosing a preschool can be a daunting task, and the GPPL is here to help! This is one-stop shopping for parents looking for the perfect preschool fit for their families. Children welcome. February 1, 2017 - 6:00pm - Woods Branch

Oscar Night at the Library

James Gilmore, Professor of Journalism and Screen Studies at the University of Michigan Dearborn, will present his picks and pans for this year's Academy Award nominees.

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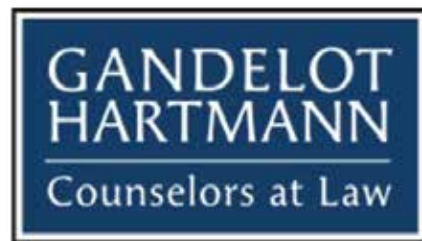
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Join 'Spirit of Giving' and SERVE

By Sarah Stahl

Making a difference in the Grosse Pointe community one year at a time, coordinator Alicia Carlisle, with the Grosse Pointe Public School System, is living out her passion.

Ten years ago Carlisle developed the volunteer program SERVE, Students Electing to Respond to Volunteerism through Education. The annual Spirit of Giving, featuring local nonprofit organizations, also falls under Carlisle's direction.

This year's Spirit of Giving event will host over 100 nonprofit organizations at Grosse Pointe North High School on Wednesday, Feb. 1, from 6 p.m. to 8 p.m. For Grosse Pointers looking for ways to impact the lives of others, Spirit of Giving offers a one-stop-shopping opportunity to learn about the many nonprofit organizations and volunteer opportunities available locally.

Some organizations participating:

LifeBuilders' Marilyn and Larry Johnson say, "Over 800 children and youth in the Detroit community are at high risk and face a lack of opportunity and hope. We currently serve 200 of the 800 children and youth," offering hope, skills and a future. There are tutoring, summer camp and mentoring opportunities.

Kids Against Hunger's mission is "to significantly reduce the number of hungry children in the USA and to feed starving children throughout the world." At Spirit of Giving, attendees are invited to help bag 3,000 meals, one-third to be distributed locally.

Grosse Pointe Chamber of Commerce asks that you come with an appetite to sip on delicious soup from dozens of local restaurants taking part in the Chamber's "Soup for the Soul." Your donation, big or small, will go to a nonprofit at the end of the event.

Carlisle sees this event as an excellent venue for exposure to volunteer opportunities. In addition, through Spirit of Giving, a brand new class has been developed for Grosse Pointe High School students called "Exploring Global Issues."




Local organizations like this youth hockey team also came as part of their service to the community at Grosse Pointe North.

Photo courtesy of GPPSS

The semester-long elective encourages a greater understanding of the connection between global issues and local concerns. Every two weeks a guest speaker will give a presentation helping students gain a wider practical and theoretical understanding. Recently, Grosse Pointe South students received an inspiring message by the Rev. Faith Fowler.

To complete the requirements for the class, students work with Carlisle via the SERVE volunteer program, pairing them with the organizations that best complement the students' gifts of serving.

Carlisle says she is now working toward developing a list of organizations and programs to bring awareness to "mental wellness."

For more information on Spirit of Giving and SERVE, contact Alicia Carlisle by e-mailing Alicia.Carlisle@gpschools.org or calling (313) 432-3770. 



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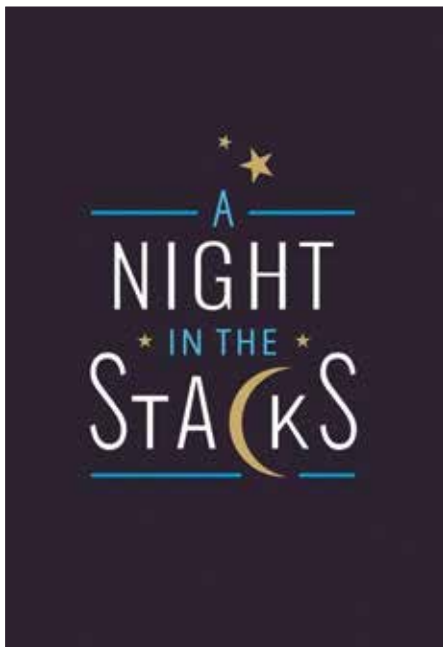
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By Beth Quinn

Across America, the movie *Night at the Museum* has inspired a fundraising experience during which patrons pay to explore a cultural institution after it has closed its doors to the general public. Now, the Grosse Pointe Public Library Foundation is offering its own twist on that trend with A Night In The Stacks program series.

The foundation has planned six differently themed events to be held after hours on Friday evenings throughout 2017 at Grosse Pointe Central Library, 10 Kercheval Ave., Grosse Pointe Farms.


“This series offers one-stop Friday entertainment - dynamic programs, food and drinks,” says Jennifer Bingaman, the Foundation’s executive director.

In addition to enjoying the programs, event attendees will be able to leisurely explore the Marcel Breuer designed library which had a facelift completed in 2016. The renovations included making the library more user-friendly, new carpet and new shelving.

Jessica Keyser, director of the Grosse Pointe Public Library, wants the public to discover the architecturally significant building with an equally impressive art collection that includes an Alexander Calder mobile, a Wassily Kandinsky tapestry and an exterior sculpture by Lyman Kipp.

“There is a special kind of excitement about being in the library after hours,” Keyser says, “and we believe these events will provide a great opportunity for people to experience the library after dark!”

Bingaman has noted that numerous community partners, sponsors and advertisers are completely underwriting the series. “Because of their support, 100 percent of our ticket sales will benefit the library. You can feel good about your ticket price getting reinvested back into the library.”

Tickets prices vary by event and are available online at www.GPLF.org or by calling the Foundation office at (313) 640-4683. 

EVENTS IN THE STACKS

Yoga in the Stacks January 20, 7-9 p.m.

\$10 online and at the door – walk-ins welcome
Get your OM on at this awesome community yoga class led by Amy Koenig of the Yoga Shelter featuring live music by Chris Emmerson. Enjoy delicious healthy juices and snacks provided by Jungle Juice.

Detroit Writers in the Stacks February 17, 7-9 p.m.

\$30 online, limited tickets sold at the door
You’re invited to this special evening with Wayne State Press authors Desiree Cooper, Terry Blackhawk and Kelly Fordon. Enjoy a wine and chocolate reception generously provided by Lakeland Banquet & Event Centre, followed by readings and a question and answer session.

Amy Haimerl in the Stacks April 21, 7-9 p.m.

\$30 online, limited tickets sold at the door
Come hear about Amy’s personal journey moving to Detroit and making a home in West Village. “*Detroit Hustle* is much more than a book about the restoration of a house. It’s about a city and its people abandoned to the churn of change, about fitting in and standing out, about decades of decay and wispy hopes of revival. It’s America’s story. Amy Haimerl’s memoir is as gritty and gripping as Detroit itself.” – Ron Fournier, columnist for The Atlantic. Delicious food is generously provided by Park Grill, with wine, beer and soda also included.

Free! Summer Reading Kick-Off June 16, Noon

No tickets, just come on by and register!
Sign-up for the Summer Reading Program, then jump and play in our giant Bounce House! Grab a free ice cream cone from the Wally’s Truck! Made possible through a partnership with the Grosse Pointe News and the Grosse Pointe Library Foundation.

Francis Stroh, author of *Beer Money* June 23, 7-9 p.m.

\$30 online only
We welcome Grosse Pointe’s own Frances Stroh to the Central Library to celebrate the debut of her paperback *Beer Money*. Francis reveals the complexities of her childhood and coming of age as a member of Detroit’s Stroh’s Beer family, once in possession of the largest private beer fortune in America. The slow unraveling of the nuclear family, coupled with the loss of the family’s legacy, is seen with brutal honesty and unsettling detail. It is a memoir of privilege and loss, at once a recollection of a city, an industry, and a dynasty in decline, and the story of a young artist who struggles to find her way out of the ruins. Wine, beer, soda and light food will be catered by Village Food Market.

Blues in the Stacks September 15, 7-9 p.m.

\$30 online, limited tickets sold at the door
Enjoy an evening of live blues featuring The Paul Carey Group surrounded by the stunning modern art and architecture of the Central Library. Open bar and light food will be catered by Village Food Market. Tickets are available at www.GPLF.org or at (313) 640-4683.

Happy New Year!

By Ted Everingham

The boats are all tucked away for their long winter's nap, and all of us who love being on or near the water are looking for things to do during these cold, dark months of winter.

Let me first suggest a visit to the Dossin Great Lakes Museum on Belle Isle. The 16,000-square-foot museum is dedicated to showcasing the continuing story of the Great Lakes with a special emphasis on Detroit's role in regional and national maritime history. The exhibits tell the saga of more than 300 years of our region's rich maritime history.

The museum's permanent Signature Exhibitions include *Ms. Pepsi*, a championship hydroplane raced by the Dossin family in the 1950s; the *SS William Clay Ford* pilothouse; my favorite, the gorgeously restored Gothic Room from the *SS City of Detroit III*; and the newest permanent exhibit, *Built by the River*. There are changing or limited-engagement exhibitions as well.

For more information about the Dossin Great Lakes Museum (as well as the Detroit Historical Museum on Woodward Avenue in the Cultural Center), including hours, visit www.detroithistorical.org.

The 59th annual Detroit Boat Show presented by the Michigan Boating Industries Association returns to Cobo Center on Feb. 11-19. MBIA Executive Director Nicki Polan added 50,000 square feet to the show this year (for a total of 400,000 square feet), the sixth consecutive year of growth. "A bigger show means more dealers, more boats and activities, more of everything for all ages," Polan says. For all that you need to know and more, visit www.detroitboatshow.net.

Ted Everingham's "Great Lakes Log" can be seen on alternate weeks on WMTV, a service of the Grosse Pointe War Memorial, on Comcast channels 5 & 915 in the Pointes and Harper Woods, on WOW channel 10 in Grosse Pointe Woods and on AT&T U-verse in seven counties in Southeast Michigan. For times, click on the WMTV page of www.warmemorial.org or check the WMTV listings in the Grosse Pointe News.



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2016 NAIAS

Photo courtesy of NAIAS

NORTH AMERICAN INTERNATIONAL AUTO SHOW

Now in its 29th year as an international event, the North American International Auto Show (NAIAS) is among the most prestigious auto shows in the world, providing unparalleled access to the products, technologies, innovations, people and ideas that craft mobility.

Administered by executive director Rod Alberts, NAIAS is the largest media event in North America, and the only auto show in the United States to earn an annual distinguished sanction of the Organisation Internationale des Constructeurs d'Automobiles, the Paris-based alliance of automotive trade associations and manufacturers from around the world.

"With the largest gathering of automotive and mobility professionals, NAIAS continues to serve as one of the most influential shows in the world," says Alberts.

NAIAS presents six unique shows in one: The Gallery, AutoMobili-D, Press Preview, Industry Preview, Charity Preview and a nine-day Public Show.

The Gallery — January 7, 2017

The tenth annual event has become the official kick-off to the NAIAS and is hosted at MGM Grand Detroit. The evening includes a strolling dinner by world-renowned chef Wolfgang Puck and the opportunity to stroll through a nearly \$7

million collection of the world's most amazing automobiles. In addition, executives and designers will be on hand to discuss the brands.

AutoMobili-D — January 8-12, 2017

AutoMobili-D is a dedicated exposition focused on the rapidly evolving global automotive and mobility landscape. Spearheaded by NAIAS, AutoMobili-D will run in conjunction with the 2017 auto show and feature more than 100 companies.

"AutoMobili-D is quickly filling up with automakers, suppliers and tech startups eager to announce and display technologies and platforms that will transform the future of transportation," says NAIAS chairman Sam Slaughter.

Located in Cobo Center's Atrium, AutoMobili-D will feature 120,000 sq. ft. of dynamic display communities focused on five key mobility areas: Autonomous Driving, Connected Car Technologies, E-Mobility, Mobility Services and Urban Mobility.

John Krafcik, CEO of Google's Self-Driving Car Project, will kick off AutoMobili-D with a keynote presentation on Sunday, January 8.

"Having John and Google kick off NAIAS with a keynote address underscores Detroit's global importance in the area of mobility," says Slaughter.



Detroit Tigers Justin Verlander and Victor Martinez visiting the 2016 NAIAS

Google's Self-Driving Car Project announced in May it will open a 53,000-square-foot development center in Novi, Mich.

“For the past century, Detroit has been at the center of the automobile,” says Krafcik. “As we look toward the next phase of mobility, it’s clear that the Motor City will continue to play a pivotal role bringing together the best of what Detroit and Silicon Valley have to offer.”

Press Preview — January 9-10, 2017

NAIAS will include an outdoor driving experience that will run along the Detroit River. Media and Industry Preview attendees will be able to experience advanced autonomous and driver-assist features in vehicles on a 1.5 mile closed-loop.

NAIAS-issued media credentials are required for Press Preview admittance.

Industry Preview — January 11-12, 2017

Connect with over 35,000 automotive professionals and analysts representing over 2,000 companies from around the world at this unique networking and professional development opportunity.


Charity Preview — January 13, 2017

One of the most exclusive charitable fundraising events in the nation, Charity Preview has raised more than \$106 million since 1976, with over \$41 million raised in the last 10 years alone.

Proceeds directly benefit a

wide range of children’s charities in southeastern Michigan.

Public Show — January 14-22, 2017

Experience an automotive event unlike any other. At NAIAS you have the opportunity to see up-close the vehicles and technologies that will shape the future automotive landscape. Tickets are available at naias.com. 



President Obama visiting the 2016 NAIAS

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Photo by Donald Schulte Photography

*Color me happy,
color me home*

By Virginia Ficarra

What's new in interior design? Decorating for seniors on the move. Thinking outside of the box in one's golden years can be more colorful, safe, functional and convenient.



Color in Senior Living

Senior retirement and assisted living communities are facing a new horizon. The economy is reshaping the industry with various cognitive options.

Whether revamping a space to nest or relocate, well being is the key and favorite colors are seniors' companion in creating aesthetic and healing environments.


We all want to take the comforts of home with us. Color plays a major role. It influences our moods, which has a direct impact on making a smooth transition.

Like night and day, warm sun colors can lift one's spirits and cool evening hues can mentally sooth and relax. Hopefully, in the nuance of personalized senior living we will be able to replicate the scheme and theme of our current environments.

Likeminded Seniors, Likeminded Housing

A recent article in "Marketwatch" profiled several senior communities that cater to specific subsets of older adults: those that share a common interest, ethnicity or other characteristics of identity. With a little research, active seniors can find a unique community of like-minded people for a more fulfilling independent lifestyle.

Cluster or co-housing consists of small individual dwellings centered around a common space for particular activities. For those that enjoy having college town amenities at their fingertips, college campuses are offering on-site retirement apartments.

Above all, holistic spaces for inner reflection and walking meditation make a profound public statement as what environment is valued in that community. While it may be an extra investment for senior facilities, they will find that LEED-certified (Leadership in Energy and Environmental Design) designs can provide the benefit of long range sustainable economic environments with soothing surroundings. 



Campus garden



Photos by Virginia Ficarra **On-campus senior living**

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Rebecca Peltz



Photos by Dale Pegg

'FIDDLER' RETURNS TO GROSSE POINTE THEATRE

By Anne Erickson

Sure, William J. Giovan is a retired Wayne County chief judge, but he also has a long history in the theater. Judge Giovan warmly recalls appearing in Grosse Pointe Theatre's production of "Fiddler on the Roof" back in 1972. He played a Russian solider and townsman.

Fast-forward to today, and Grosse Pointe Theatre is staging a new production of "Fiddler on the Roof." The show will run Jan. 22, 26-29, and Feb. 2-4.

The musical's classic story, Judge Giovan says, transcends decades and generations. "It has classic themes about family and dedication and hard work, and it's a genius of a show," says Giovan, who isn't appearing in this production but remains active with Grosse Pointe Theatre.

"'Fiddler' has excellent dialogue and memorable music," he adds, "and you put all that together, and you've got a show that lives through the ages."

Ellen Skinner Bowen agrees. Bowen — a longtime thespian who has taught the arts everywhere from Grosse Pointe South to Macomb Community College — is directing the upcoming production. This is Bowen's third production with Grosse Pointe Theatre. She was drawn to directing "Fiddler on the Roof" because of the show's enduring message and humor.

"It's a great story about young people breaking the traditions," she says. "There are the serious parts about the Russians running the Jewish people out of their villages. But, intertwined in the seriousness is a lot of humor, and I love the humor in it."

"Fiddler on the Roof" is staged in the small village of Anatevka and revolves around Tevye (played by Mitch Masters of Bloomfield Hills), a humble dairyman, and his

five daughters. Tevye sets out to protect his daughters and keep them rooted in traditional values, despite changing social mores and a rising anti-Semitism in Czarist Russia.

Bowen hopes the show will make the audience feel a range of emotions. "It's a drama production with humor," she says. "You'll come out laughing but also be saddened by the storyline where people are being run out of their homes. It's a musical that deals with so many human emotions and aspects of our general life."

Show times are Jan. 22 at 2 p.m., Jan. 26-28 at 8 p.m., Jan. 29 at 2 p.m. and Feb. 2-4 at 8 p.m. at The War

Memorial, 32 Lake Shore Drive, Grosse Pointe Farms, (313) 881-4004. Tickets are \$25 and available at www.gpt.org or at the door. ☎



Photos courtesy of Grosse Pointe Theatre



Top left, Mike McDowell-Parker as Fyedka and Maggie Bickerstaff as Chava; top right, Ann McReynolds as Golde and Mitchell J. Masters as Tevye; above left, Hon. William J. Giovan who played a Russian in the 1972 production of "Fiddler on the Roof;" above right, Bob Mitchell, choreographer of the 1972 production, now deceased

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Seventy Years

A LEGACY IN FAMILY AND EXCELLENCE

By Beth Newhart

Edmund T. Ahee was 13 years old and living in Detroit when his father died. Growing up during the Depression, Edmund felt responsible for his family, which included three younger siblings, and he set out to support his mother anyway he could. He worked hard, but he always knew he wanted to own his own business rather than work for someone else. That chance would come in 1947, and 70 years later, his family will be celebrating the anniversary of what would become edmund t. AHEE jewelers.

But first, Edmund needed to make a pilgrimage to Ohio in 1945.

"I was 16, and my parents took me on a pilgrimage to a church in Ohio for the Feast of the Assumption," says Bettejean Ahee. As luck would have it, some young men who were also from Detroit made the trip, and Bettejean met a 24-year-old Edmund Ahee. The two began dating when they returned to Detroit and were married in 1947.

That same year, Edmund's uncle offered him space in the lobby of his bowling alley on Van Dyke and Harper. "There was a long vacant area in the bowling area, and he put in two modest cases," Bettejean remembers. "He worked

primarily at night because that's when the bowling leagues were there."

Edmund's dream of owning his own business had a modest beginning, as he sold jewelry, small appliances and gifts to bowlers. Soon, the cases multiplied, and he outgrew the space. In 1962, Edmund found a storefront on Van Dyke, just a few blocks from the bowling alley.

"It was near an exit to I-94, and he knew it would be easy for people to come from all over the area," Bettejean says. Instead of coming to work when the bowlers bowled, customers from the ever-expanding metro region could come to him.

Meanwhile, Bettejean was at home caring for their growing family. There were seven children in all: Lowell, Pam, Edmund Jr., Peter, Greg, Chris and John. She offered advice and acted as a sounding board for her husband, and when the children were "knee-high," they went to work for Dad.

In 1968, Edmund decided to make another move. He found an old De Soto dealership on Mack Avenue in Grosse Pointe Woods. "It was a white elephant," Bettejean explains. "You wouldn't recognize it now."



“Way back in 1968, jewelry stores weren’t that large,” she says. “There was a large area in the back that was vacant.” But over time, the business grew.

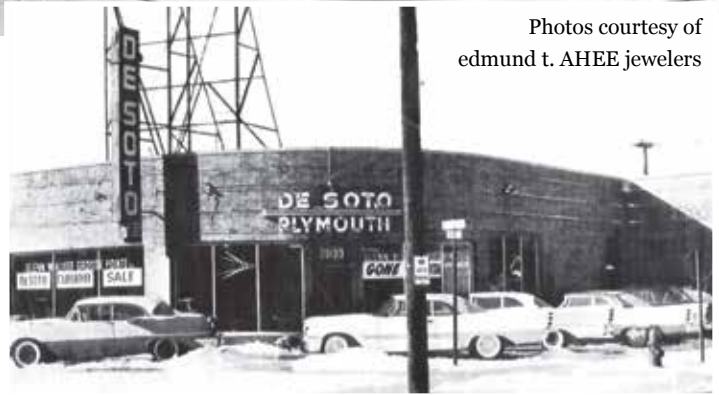
The store may have left Detroit, but Edmund never forgot where he came from. While working on Van Dyke, he often saw people standing in line at soup kitchens. “I want to give back if I ever can,” he told his wife. In 1981, the couple financed the first annual Capuchin Souper Celebration, which to date, has raised over \$6 million for Detroit’s most in-need.

“This is one of my husband’s main legacies,” she says. “We’re in our 36th fundraiser, and we’ve gone to different places to accommodate the size. We’ve passed the baton from children to grandchildren.”

Edmund died in 1999, but his presence still permeates the store. His portrait hangs prominently in the back. Although Edmund Jr. passed away six years after his father, all six of the remaining Ahee children work in the store, with areas of expertise that compliment each other, says their mother. The couple has 21 grandchildren and 15 great-grandchildren (soon to be 16), many of whom are in the family business. And Bettejean is there, every day, working in the office.

There have been many events in the store’s history. Edmund purchased a large collection of jewelry from

Photos courtesy of edmund t. AHEE jewelers



Matilda Dodge Wilson’s estate in 1968. The Stanley Cup made a visit after the Detroit Red Wings won the championship in 2008. And most special of all, Cardinal Edmund Szoka asked the Ahees to design jewelry to be presented to Pope John Paul II during his visit to Detroit in 1987. The team worked around the clock and formed a partnership with the Pluczenik Group to have access to diamonds straight from the mines. Bettejean still remembers being introduced to His Holiness.

Seventy years have come and gone, and another seventy are sure to come. That’s one of the best things about being a multi-generational business, according to Bettejean. They reflect all ages and appeal to all ages. “There were no computers when my husband was alive,” she says, “and now we sell online.”

And it all works well because it isn’t a job to this family. It’s a passion. ☺

Clockwise from top left, Edmund and Bettejean Ahee; Greg, Chris, Peter, Edmund, Pam and John Ahee in the 1980s; the Ahee landmark store which was redesigned from a De Soto car dealership to a jewelry store in 1968; Bettejean Ahee accepting the 5 Star Diamond Award on behalf of edmund t. AHEE jewelers. Founded in 1949 by the American Academy of Hospitality Sciences, AHEE jewelers is the only jeweler and retailer in the world to win the prestigious award.



Photo by John Minnis

Artist renderings
courtesy of Cass
Community Social
Services



Photo by Andy
Schwartz, Stylish Detroit
Architectural & Real
Estate Photography,
courtesy of JLD



‘Tiny Homes’ for low-income tenants

By Kevin J. Lamiman

Plans to construct “tiny homes” for low-income residents got a shot in the arm Dec. 2 when the Junior League of Detroit held a Holiday Jubilee fundraising dinner at Eastern Market. More than 200 supporters bought tickets, providing additional funds for one of the first houses completed late last year.

“We’re building 25 houses for low-income people, many of whom have experienced homelessness,” the Rev. Faith Fowler tells supporters. “Many of us have a home and enjoy the security of homeownership. If only more people had that opportunity. This is a chance of a lifetime.”

Launched in 2015, the project is being spearheaded by Cass Corridor Social Services, says Rev. Fowler, CCSS executive director and pastor of Cass Community United Methodist Church.

Each detached, four-room house will measure 250 to 450 square feet, with a porch or rear deck included. Volunteers from schools, churches and corporations are helping build the houses in collaboration with general contractors.

CCSS completed the first structure last September. The remaining 24 homes will be built six at a time, with construction of the first lot in progress at year-end. The houses are going up on land CCSS obtained at Elmhurst and the Lodge Service Drive, north of its campus.

The downsized dimensions make the homes more affordable

for a single person or couple. Rev. Fowler says the houses are intended for low-income senior citizens, formerly homeless adults and college students who may have come from unsupportive households or “aged out” of foster care.

CCSS accepted 122 applications last fall from individuals who underwent checks of their readiness for homeownership. Those accepted will own their homes after seven years of paying reasonable rents. Tenants will attend monthly classes on homeownership and financial responsibility.

“This is the only place in the country I know of that has created this rent-to-own model where people can own their property,” Rev. Fowler says.

CCSS has obtained about \$850,000 from churches, foundations and other sources, with another \$700,000 to \$800,000 still to raise. The last of the houses could be finished by year-end 2017. CCSS then may consider launching a second phase, building slightly larger homes to accommodate low-income families.

For more information, visit casscommunity.org. To learn about opportunities to donate and volunteer, call (313) 883-2277 or write to Cass Community Social Services, 11745 Rosa Parks Blvd., Detroit, MI 48206. [P](#)



Top left, artist renderings of Tiny Homes; top right, Junior League of Detroit’s Holiday Jubilee fundraiser at Eastern Market



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MARK WOLLENWEBER

SOC'S AMBASSADOR TO THE WORLD OF PUBLIC FINANCE

By Karen Pope

The senior citizens of the five Pointes and Harper Woods have an experienced ambassador to the world of government funding in Mark Wollenweber, board chairman for Services for Older Citizens.

Since graduating from college in 1972, Wollenweber has served in local governments and has a thorough understanding of state and federal funding guidelines.

Before coming to Grosse Pointe Shores as city manager, he held similar posts in Huntington Woods, St. Clair Shores and Grosse Pointe Woods. Since 2006, he has served on the board of the Detroit Area Agency on Aging.

“Mark has the passion to make things happen for SOC and the personal relationships and network to find opportunities,” says Sue Como, treasurer for SOC-operated PAATS (Pointe Area Assisted Transportation Services) and executive assistant in Grosse Pointe Woods.

Wollenweber’s skills are particularly important to SOC because of the non-profit’s unique position. In most communities, city governments take over responsibility for senior services. In the Pointes and Harper Woods much of that responsibility falls on the shoulders of SOC.

A long-term lease from Henry Ford Health System on the



Photo courtesy of The Portrait Place

former Newberry House for nurses on Ridge Road in Grosse Pointe Farms gives SOC a permanent home. Support from John and Marlene Boll and others in the community has enabled SOC to renovate the building to fit its needs.

The day-to-day challenge is to maintain the building and fund programs and services. “SOC has a budget of about \$1 million. The government funding is \$200,000, leaving \$800,000 for us to raise each year, just to meet basic operating expenses,” explains SOC executive director Dr. David D. Dieter.

“The staff at SOC has always been excellent,” says board chairman Wollenweber as he lines up his team to face the new challenges. “The councils, city managers and staff people in the five Pointes and Harper Woods are ready to support SOC in its critical work for our community.”

“Yeah, there is healthy competition about who has the best park and the like, but when it comes to serving our residents, we’re together,” the Shores city manager smiles. Then he returns to his focus: finding monies to support SOC.

For example, badly needed renovations to the SOC parking lot were made in October and paid for with a \$150,000 grant to PAATS. The funding package was put together by SMART (the suburban bus service) in collaboration with the Michigan Department of Transportation and the Federal Transit Administration.

Now the team in the Pointes and Harper Woods is putting together a request for a demonstration grant from Wayne County in hopes of making further improvements.

Throughout his conversation about seeking more government resources for SOC, Wollenweber emphasizes that the not-for-profit must rely mainly on private philanthropy and the dedication of SOC volunteers. Last year they gave 15,500 hours valued at more than \$400,000.

Wollenweber won’t leave a stone unturned to make sure the seniors have the services they need. [P](#)



Wollenweber at the office



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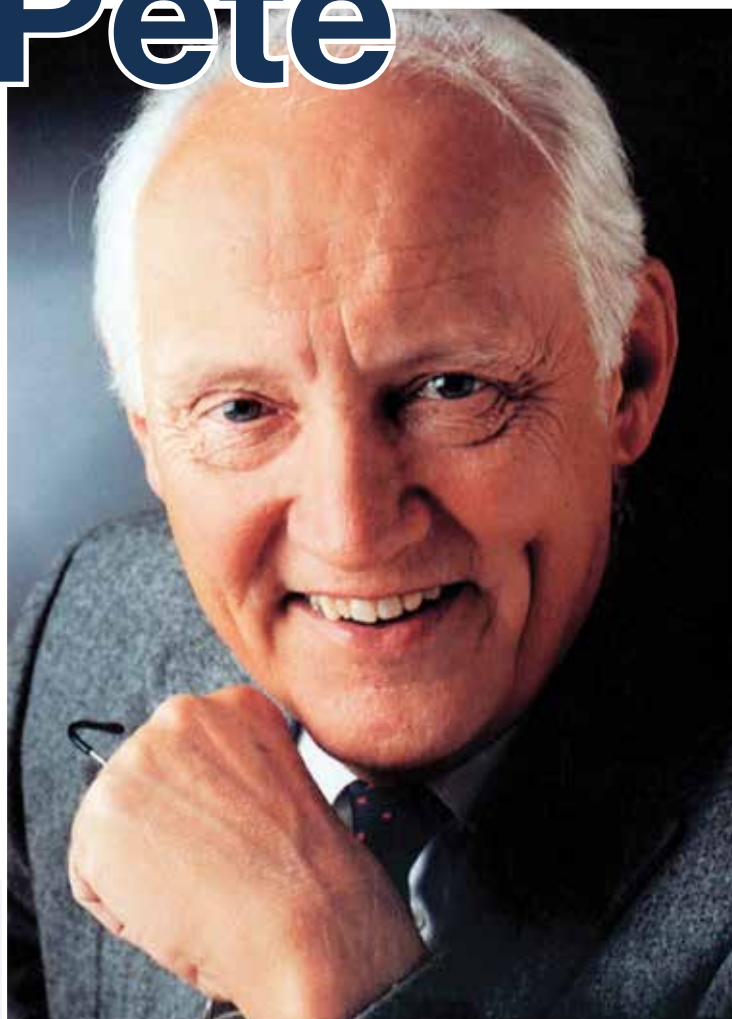
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Meet Pete



Name	Pete Waldmeir
Age	86
City	Grosse Pointe Woods
Occupation	Retired sports writer, sports columnist and general news columnist for The Detroit News

Pete's Favorites

- Season**
Spring
- Book**
Anything by John Grisham
- Food**
Veal piccata
- Musical Artist**
Brothers Gibb
- Vacation**
San Antonio, Texas; Puerto Vallarta, Mexico
- Dessert**
Pumpkin pie; peanut butter cookies
- Restaurant**
Antonio's; Telly's
- Activity**
Reading
- Movie**
Pretty Woman

What was your first job?

Jumper on an ice truck at 13

What did you want to be when you were growing up?

Employed

What do you miss most about being a kid?

My mom. A great lady.

What is the best trip you've ever taken?

London and Cotswolds with family

What is the most historical day in your lifetime?

Jan. 5, 1949 – day I was hired as a copyboy by The Detroit News.

What accomplishment are you most proud of?

Helping to raise four intelligent, energetic, successful U of M graduates who never have forgotten where home is, no matter where they are.

What is one skill you would like to learn?

How to more tactfully agree to disagree

Are you a collector of anything?

Eighty-plus years of wonderful memories

Words to live by?

Go Blue!

About Pete

Pete retired after 54 years of an award winning career with The Detroit News and today lives in Grosse Pointe Woods with wife Marilyn. He is father to Peter William, Patti Ann, Lindsey Marilyn and Christopher Norman.

"I've had a great life, both personally and professionally. Couldn't ask for a more loving, compassionate family; more reams of fond memories of a career that spanned a half century," he says. "Our children and grandchildren are never too far away. Our extended family mostly is nearby. Been just about everywhere, done just about everything. Much to be thankful for."

Winter challenges

By Jonathan Boos

Most people get excited for the first snowfall of the season. However, the excitement is short-lived when we realize the next several months will be cold and dreary. Not to mention, potentially dangerous to our minds and bodies.



According to Crittenton Hospital Medical Center, snow and ice can cause more problems as we age and lead to some potentially dangerous injuries for seniors. They mention five specific risks associated with harsh winters: Back and heart injuries from snow removal, traumas from slipping on the ice and snow, loss of body heat, carbon monoxide poisoning and driving accidents.

Aside from physical injuries, the elderly are often susceptible to emotional distress and heartache during the winter months. The lack of sunlight and feeling of isolation can be debilitating. Because of the weather, it's often difficult for seniors to stay active, to get to the grocery store or pick up vital medications — especially those with mobility issues or those who are home bound.

Many families turn to home care providers to care for their loved ones during these difficult months. As little as a two-hour house call can provide a tremendous boost, assisting with basic activities of daily living, meal preparation, medication reminders and light housework.

Although we can provide numerous services, we don't shovel snow. You might want to ask the kid down the street to help with that!

Jonathan Boos is Director of Business Development for Nursing Unlimited Inc. For more information, contact Nursing Unlimited at (586) 285-0300 or visit nursingunlimitedonline.com.

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Creative outlets for preserving and sharing memories at SOC

By Karen Pope



Artist Tudi Harwood

Everyone has a story to tell, and national trends indicate that senior citizens are signing up in unprecedented numbers for life story writing classes. Case in point: the waiting list for the memoir writing workshop held at Services for Older Citizens.

Members of the workshop and the Grosse Pointe Artists Association are combining resources to talk about the joy of recording personal stories in writing and in art. The next program will be held Thursday, February 2 at 6:30 p.m.

During the evening, some members of the most recent memoir writing class will share excerpts from their works stimulated by the prompt: “What decision did you make that changed your life the most?”

Without any group discussion, each person went to work on answering the question. When later comparing stories, they found that each of them had written on the same subject: the decision of whom to marry.

The SOC program uses the Amherst Writing Method, which uses questions to prompt people to reach back in their memories. The class isn’t about perfecting writing techniques. It’s about stimulating memories and putting those memories down on paper.

Minimizing emphasis on writing skills can be liberating, according to Nancy Kelley, a former English teacher who recently joined the class and will be among the presenters on February 2.

“I never thought I could write without worrying about craft and technique,” she says. “But this method freed me to capture long lost images quickly and easily. Editing can always follow. Getting the feelings and the images down is the important part.”

The late Gore Vidal, famous for his historical novels like *Burr*, *Lincoln*, and *1876*, would probably agree with her. He saw the memoir as a unique form of historical writing. “A memoir is how one remembers one’s own life,” he says. “They don’t require research or fact checking.”

Tudi Harwood of the Grosse Pointe Artists Association will represent the artistic side of the program. Last year, Harwood won an award for her painting of a recently departed neighbor. In her winning piece, she layered pieces of paper and other items on top of a portrait of her friend.

Harwood often experiments with a variety of techniques and materials. Most recently she completed a three-color watercolor and woodblock print to record the pleasure of sharing a trip to Chicago in August with her granddaughter.

The GPAA exhibition, *Joy and Wonder*, will be open to the public from January 9 through February 10 at SOC. The exhibition was inspired by the words of Mark Twain: “To get the full value of joy you must have someone to divide it with.”

Guests will take home a list of prompts to stimulate their own memories for possible memoir writing and a list of art classes offered through the Grosse Pointe Artists Association at The War Memorial. [Φ](#)

Photos shared by former English teacher and class presenter, Nancy Kelley



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These are high honors that only a handful of dentists worldwide have achieved. In addition, Dr. Hadgis received the coveted Best of Show Award at the Aesthetic Eye of IACA 2010 International Association of Comprehensive Aesthetics conference. He has also been designated by his peers as an Hour Detroit Top Dentist every year!

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On the mystique of old homes

By Karen Pope

Looking for something fun to do on a cold Sunday afternoon? The docents at The War Memorial and members of the Grosse Pointe Garden Center and the Grosse Pointe Artists Association invite you to “Your Old Mansion: a lecture and tour series.” Designed especially for those intrigued by the mystique of old homes, the series will be held at The War Memorial at 2 p.m. on Jan. 22, Feb. 12, March 19 and April 23.

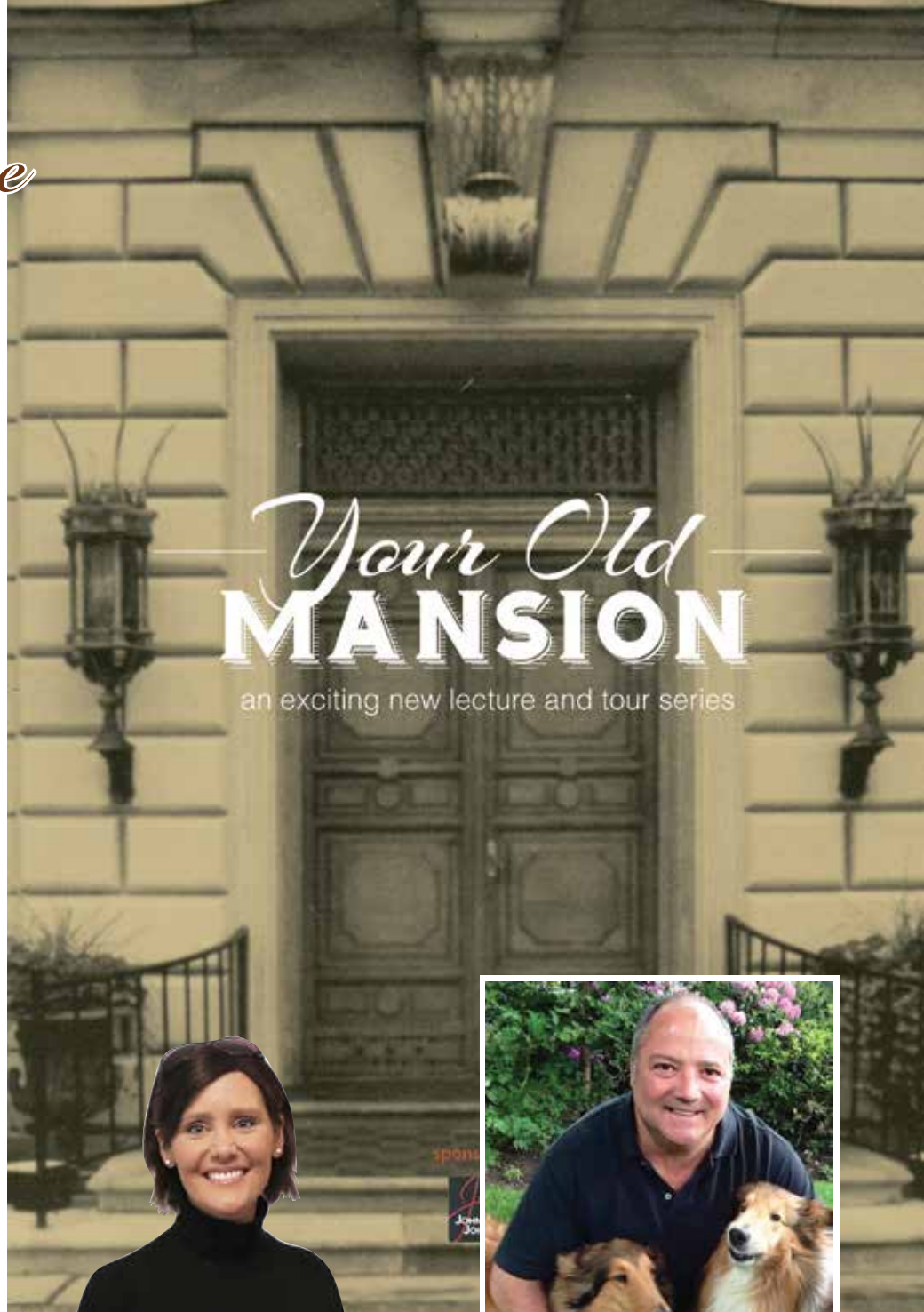
“This seemed like the perfect way for us to honor the spirit of Marion Alger, who after the death of her husband, Russell Alger Jr., gave her home to the community,” says Karen Pope, president of the Grosse Pointe Artists Association. “The Garden Center and the Artists Association are particularly grateful because we have our offices in the Alger House, part of The War Memorial.”

Because the Your Old Mansion programs are often sold out, it is best to register as soon as possible, online at grossepointeartcenter.org or by calling (313) 886-5896.

“A-List Artisans Share Their Secrets” is the program for Jan. 22. Angela Wyrembelski of Quinn Evans Architects will moderate a panel that includes Ann Baxter, who restores and creates new pieces of glass for homes, churches and schools; Martin Soo Hoo, who has 25 years of experience in architectural restoration specializing in ceilings and walls; Kimberly Dobos, curator for Pewabic Pottery; and David Ellison, a tile craftsman.

“The Science of Blending Old and New” is the Feb. 22 program sponsored by the Detroit Chapter of the American Society of Interior Designers (ASID). The panelists will discuss their experiences working with the owners of historic homes, many of them in Grosse Pointe. The designers include Dwane Adle, Rob Andrzejewski, Christina Bliss and Cynthia Hahn.

“Matching Landscape and Architecture” is the program for March 19. Barry Burton, who began his career in landscape



Your Old MANSION

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Interior designer Cynthia Hahn



Landscape designer Barry Burton

design as an assistant to a traditional English gardener on the Allan Sheldon Estate in Grosse Pointe, will be the lecturer. Timing should be perfect for those who want to plan spring projects in their gardens.

“The Welcome Mat is Out” is the program for April 23. If you are the type of person who drives or walks by very slowly hoping to get a look inside the luxury homes in Grosse Pointe, this is definitely for you. You will be invited inside some of the homes that have recently changed owners. This event is being organized by the Realtors of Johnstone & Johnstone. [P](#)

The secret of a long life

By Jon B. Gandelot

I recently read a 10-year-old article by Michael Gartner, former president of NBC News. When Gartner's father was 95 years old, he asked him the secret of a long life. "No left turns," his father replied. The elder Gartner explained, "Most accidents that old people are in happen when they turn left in front of oncoming traffic. As you get older, your eyesight worsens and you can lose your depth perception. So your mother and I decided never to make a left turn again."



Makes some sense. Three rights are the same as a left, and it's a lot safer. Gartner asked his father whether he ever lost count of right turns. His father said that sometimes happened, but "...you just make seven rights and you're okay again." He asked his father whether he ever tried 11 turns. He said, "If we miss it at seven, we just go home and call it a bad day."

While this seems like a funny anecdote, it's not all that frivolous. Consider United Parcel Service. UPS has a proprietary GPS computer system that tells drivers how to most efficiently get to their customers. A key component of the system? No left turns. And not just for safety concerns. Left turns require waiting for traffic to clear, thus taking time. Most states allow right turns on red lights. UPS drivers can keep moving.

Jon B. Gandelot is founding principal, GANDELOT HARTMANN, an estate planning and trust administration firm in Grosse Pointe Farms.

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Tostones with seasoned ground beef and guacamole



It was really nice spending time with my brothers over the holidays. It's always a good time when we're together because I don't get to see much of them, as they live in Nevada. As we reminisced about our grade school days, they reminded me of the time my parents said I was going to summer camp.

I had just finished second grade and was so excited for my first day of camp. To my surprise, my parents took me to school. I could not figure out why I was at school for camp. As we walked down the hall I saw teacher Mrs. Liamini smiling at me. When I got to her room, I looked around and noticed I was the only one there!

Mrs. Liamini greeted me by saying, "Welcome to Math Camp!" I thought, what did you just say? Math camp?

Where are the squirt guns, the arts and crafts, the snacks, swimming and the sand castles? It soon dawned on me that my parents neglected to put the word "math" in front of the word "camp." Oh, the sneaky things parents will do!

Looking back, math camp was a good experience for me. I have to thank Mrs. Liamini for helping me. I can still hear her voice saying, "Focus, Mr. Steiner" as I work on recipes.

Tostones, twice fried plantain slices, are a favorite dish of mine that I first tried when I lived out west. They are easy to make and delicious. They can be eaten like a potato chip, but I usually put seasoned ground beef on them and top it off with guacamole. They are best eaten immediately. Enjoy!



Photo by Ethan Steiner

Guacamole

Ingredients

7 avocados
1 lime
Salt and pepper to taste

Directions

1. Peel and remove pits from avocados
2. Mash avocados with lime, salt and pepper

You can also use a solid metal spatula to flatten. Aim to make plantains 1/4-inch thick and 3 inches in diameter

5. One at a time, dip plantains into a bowl of water, drain on a paper towel
6. Return plantains to hot oil and fry until golden brown (approximately 1 minute per side)
7. Salt to taste
8. Garnish with diced tomatoes, diced onions and cilantro
9. Place ground beef and guacamole on tostones and enjoy!

Tostones with Seasoned Ground Beef and Guacamole *Makes 18-22*

Seasoned Ground Beef

Ingredients

1 lb ground beef
1 tbs cumin
1 tbs coriander
1 tbs paprika
1 tsp salt
1 tbs pepper

Directions

1. Heat ground beef in skillet
2. When beef is brown, add all remaining ingredients
3. Cook until done, remove from heat
4. Drain fat and set aside

Fried Tostones

Ingredients

3-4 large, unripe (green) plantains
2 cups olive or canola oil for frying
3 cups water
Salt to taste
Diced tomatoes, diced onions and cilantro for garnish

Directions

1. Peel the plantains and cut into 1-inch chunks
2. Heat oil in a large skillet
3. Place plantains in oil and fry on both sides until slightly golden (approximately 3 minutes per side)
4. Remove plantains from skillet and flatten by placing a plate over the the plantains and pressing down.

Chef Ethan Steiner, a 2008 graduate of De La Salle Collegiate High School, graduated from Le Cordon Bleu College of Culinary Arts with an Associates of Occupational Studies Degree in Culinary Arts and a Bachelor of Arts Degree in Culinary Management in Las Vegas.

After working the Las Vegas hotel circuit, Steiner returned to Michigan. He has worked with, and for, Chef Jose Andres, Chef John Hilton, Chef Rick Moonen, Chef Gordon Ramsay and Chef Wolfgang Puck. Today, Steiner is Sous Chef at Beverly Hills Grill in Beverly Hills, Mich.

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Meredith Bury and children from Assin-Bereku



UNIVERSITY OF MICHIGAN GRADUATE AIDS COMMUNITIES IN GHANA

By Anne Erickson

University of Michigan graduate Meredith Bury has a new perspective on the world following her recent trip to Ghana.

Back in November, Bury and a group of 21 Americans and Canadians journeyed to Assin-Bereku, Ghana, to help with Rotary projects to improve the circumstances of people living in abject poverty.

“Our overall goal for the trip was to improve the lives of the residents of Assin-Bereku and its surrounding communities by constructing and financing sustainable projects and infrastructure improvements,” the Grosse Pointe resident says.

They accomplished a great deal. Bury and the team built a kindergarten building; renovated a dilapidated school; drilled water wells; installed sanitation facilities with flush toilets, sinks and showers; provided 500 backpacks with school supplies and clothes; and supplied health care, medical equipment, medicine and eye glasses.

They also distributed mosquito nets to inhibit the spread of malaria and donated 50 sewing machines to young women with children to help them become seamstresses to provide for their families.

“Seeing how happy everyone in Ghana was despite their poverty and lack of resources has made me more grateful for

what I have and caused me to put the challenges I face into perspective,” Bury says.

Bury, 22, graduated from the University of Michigan in the spring of 2016 with a Business Administration degree.

She was inspired to participate in the Ghana trip with Rotary District 6400 following a previous mission.

“When I was in college, I spent a week in Nicaragua on a mission trip and have always wanted to go on another trip,” Bury says. “I was especially drawn to this trip because of the opportunity to spend a longer amount of time on the trip and experience a part of the world where I’ve never been.”

While Bury has many good memories from Ghana, one stands out.

“I worked as a camp counselor this summer and taught a lot of the camp songs to the children in the schools,” she says. “I loved singing with them, and it was so rewarding to see such a simple activity bring such big smiles to the kids’ faces.”

Her experiences doing mission work give her a fresh perspective going forward.

“I learned that just because the traditions and lifestyles in Ghana aren’t the same as what I’m used to at home, it doesn’t mean that their insights and customs are any less valuable than ours,” she says, “so I’m hoping to move forward approaching situations with a more open mind.” ☐

Photos courtesy of Meredith Bury





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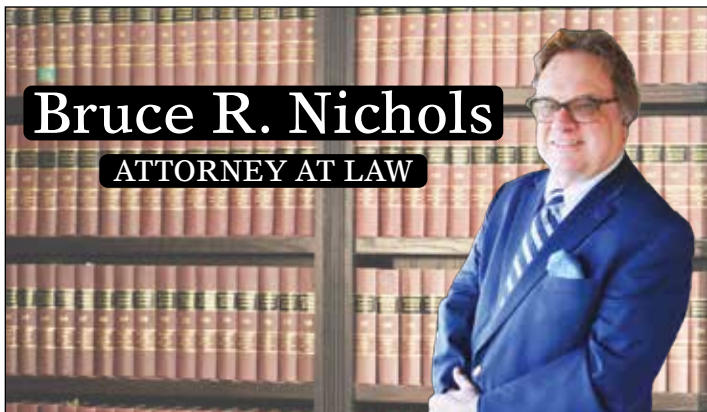
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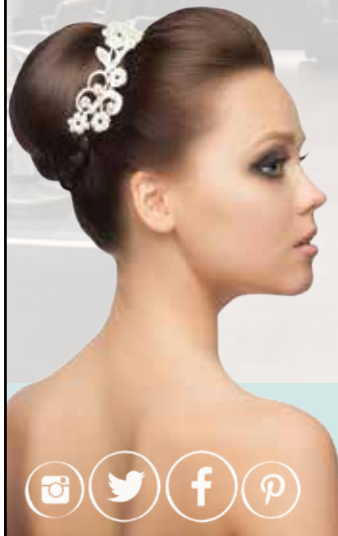
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TUESDAY, FEB. 14, IS VALENTINE'S DAY ... DON'T DISAPPOINT!

Hours: Mon-Wed 11:30am-10pm, Thu-Sat 11:30am-12am, Sun 11:30am-10pm
Happy Hour: Mon-Thurs 2:30pm-5:30pm
Web: WWW.BLUFINSUSHI.COM



Bogart's Food and Spirits VALENTINE'S DAY IS TUESDAY, FEB. 14!

17441 Mack Avenue, Detroit • (313) 885-3995

Bogart's Food and Spirits was established in 2005 and was started by Gary Van Biervliet. Gary's son, Jason, quickly began helping his dad out in the kitchen. Before he knew it, Jason realized that the kitchen of any restaurant is the main vein in the business. He later quit his second job to focus more on the dining experience. Seeing the passion that his son had to change and redevelop the business, Gary made an offer to his son to inquire about buying the restaurant from him. Jason accepted and saved up for a few years, working harder to make a down payment. After finishing culinary school at the Art Institute of Troy, and three years of hard work and savings, Jason's vision of serving up delicious, real, honest food came true. Since the switch, Bogart's has exemplified the eatery experience by mixing Detroit's Eastern Market resources with in-house freshness and skill. From the infamous Bogart's Burger, to the raved about Bread Knots, Bogart's has become a hot spot right at Detroit's Grosse Pointe border. Jason changed the name to Bogart's Food and Spirits after expanding the menu to feature a larger variety of craft beer, wine and liquor. He is set on making the next 10 years even better and making Bogart's a great staple for anyone looking to watch the game, grab a beer with a friend, enjoy a delicious pizza, or for anything in-between. We look forward to serving you soon! 

Hours: Tue-Sat noon-midnight; Sun 4-9pm
Web: bogartzfoodandspirits.com



Champs Rotisserie & Seafood

20515 Mack Avenue, Grosse Pointe Woods (3 blks. S. of Vernier) • (313) 886-7755

Champs is located on Mack just three streets south of Vernier. Our soups, sauces and dressings are housemade daily using only the freshest ingredients from Michigan companies when possible. Champs is known for its Rotisserie Ribs and Chicken, served with our homemade BBQ sauce for which Champs has been known for the past 52 years since it was the BBQ House of Grosse Pointe. We also offer an exquisite variety of seafood, salad entrees, sandwiches, appetizers and a full children's menu. We also offer daily specials that we have become known for. For those warm nights, enjoy our patio with a big screen TV or you may choose to stay inside and snuggle by our beautiful fireplace. With this unique atmosphere, comes a full-service bar to make your dining experience complete. We have a great selection of Michigan-made vodka, gin and bourbon and a wide selection of scotch, from house to high end. Call ahead on those busy days for a carry-out. Our specially designed carry-out boxes will ensure your food gets home fresh and hot. We will cater your next event. Call and speak to one of our catering specialists after 4 p.m. Order off our catering menu or create your own.

HAPPY VALENTINE'S DAY FROM CHAMPS!

From Friday, February 10th thru Tuesday, February 14th, bring your Valentine to Champs.

With the purchase of 2 entrees you can share a dessert ... on the house!

Hours: Mon-Thurs 4-10pm, Fri-Sat 4-11pm, Sun 3-10pm

Web: www.ChampsRotisserie.com



COZY UP...
TO CHAMPS!

City Kitchen

16844 Kercheval, Grosse Pointe • (313) 882-6667

Located in the heart of The Village, City Kitchen prides itself on being a unique neighborhood eatery that serves quality fare in an upscale, yet relaxed and casual setting, as well as carry-out and on- and off-site catering. The restaurant offers fresh seafood from Foley Fish Co., Boston's famous fish house, as well as Great Lakes perch, pickerel and Lake Superior whitefish delivered daily. From the grill, try "Certified Angus Beef" New York strip or tenderloin steaks and some of the best burgers in town. Also enjoy seasonal salads, desserts, appetizers and wood-fired pizza. Join us at our bar for Happy Hour Monday-Friday from 4:30 to 6:30 p.m. and enjoy your favorite cocktail, beer or wine of your choice at our special Happy Hour pricing.

VALENTINE'S DAY IS TUESDAY, FEB. 14. MAKE YOUR RESERVATIONS EARLY!

Hours: Lunch: Mon-Fri 11:30am-3:30pm

Dinner: Mon-Thurs 4:30-9:30pm, Fri 4:30-10pm, Sat 5-10pm, Sun 4-9pm

Web: www.city-kitchen.com



Photo by Donald Schulte

Dirty Dog Jazz Cafe

97 Kercheval, Grosse Pointe Farms • (313) 882-5299

Winner of *Hour Detroit Magazine* awards for 2010 Restaurant of the Year and Best Chef 2010 & 2011, the Dirty Dog Jazz Cafe features top guest musicians and award-winning food. Two-time "Best Chef" winner André Neimanis offers an American bistro menu in a well-appointed, 65-seat dining room with white-linen round tables surrounded by red-fabric walls with dark wood, wainscoting, Tudor carriage lights and dog-themed paintings and sculptures. Favorites include Fork and Knife Burger with Foie Gras, Shrimp Paella, Smoked Tomato Soup with Brie Toast and Creekstone Farms Filet Mignon to name a few! Live Jazz Tuesday through Saturday offers patrons a unique and memorable experience (reservations are strongly recommended). Private dining is available for up to 25 people in The Boardroom, which also features full meeting and conference capabilities.



Hours: Tues 11:30am-8pm; Wed-Thur 11:30am-10pm; Fri 11:30am-11:30pm; Sat. 4pm-11:30pm

Web: www.dirtydogjazz.com



Irish Coffee Bar and Grill HOME OF THE ORIGINAL BAR BURGER!

18666 Mack Avenue, Grosse Pointe Farms • (313) 881-5675

Irish Coffee Bar and Grill has been a staple on Mack Avenue in Grosse Pointe Farms for almost **37 YEARS**, notable for their fantastic bar burgers (1/3 lb ground rounds) and numerous coffee cocktails. Three high-definition TVs make this neighborhood bar a great place to watch the game. Swing by after the game or any entertainment event in the area, bring your ticket stub and your burger is only \$2.96 with purchase of a beverage! The daily lunch special is the best in town: dine-in between 11 a.m. and 5 p.m. and for \$6.95 have a ground round, fries and your choice of beverage (domestic draft beer or pop). This is also good for a fish sandwich or a grilled chicken sandwich. This family-owned restaurant is a great spot for young and old, and there is something on the menu for everyone. The homemade onion rings are a local favorite, and the fresh and hand-battered yellow-belly perch are particularly popular among seafood lovers. Numerous corned-beef sandwiches top off the menu with a true, Irish flare. The grill is open until 1 a.m., seven days a week! Hope to see you there!



BE SURE TO BRING YOUR SWEETIE BY ON VALENTINE'S DAY, TUESDAY, FEB. 14!

Hours: Mon-Sat 11am-2am; Sun 5pm-2am

GRILL OPEN UNTIL 1 A.M., 7 DAYS A WEEK!



Little Tony's — Lounge in the Woods

20513 Mack Avenue, Grosse Pointe Woods • (313) 885-8522

Little Tony's is Grosse Pointe's favorite Bar & Grill. A place where families and friends have gathered for over 40 years for good food and good cheer. Cozy, quaint and warm, it's a throwback to when a business was run by an owner and not a corporation. A real neighborhood bar, where locals meet and everyone really does know your name. Serving only the freshest of Ground Rounds (they're delivered daily), Little Tony's has made a name for itself as "the place" to go on the east side for Great Burgers. Cooked to order and served with an array of extras, you are sure to have your burger craving satisfied here. Voted "Best Burger on the East Side" by the Detroit Free Press and Grosse Pointe Patch. The menu, although small, has a lot more to offer. Delicious Reubens, succulent Turkey and Ham sandwiches, Fish and Chips, Tuna Melts to die for, and don't forget Carol's Famous Chili. Our extensive bar is complimented by a great selection of beers, ales and wines. Dine on our beautiful, open-air patio during the summer months. Family friendly, so bring the kids, our great wait staff can't wait to serve you.



Hours: Mon-Sat 11am-11pm

Web: www.littletonysgp.com



Luxe Bar & Grill

115 Kercheval, Grosse Pointe Farms • (313) 924-5459

Luxe is the neighborhood spot that serves quality food, drink and atmosphere — without pretense. Hospitality is our passion — quality and taste are the priority. We believe the character of a bar is its patrons, and we welcome all seeking food, company and friendly conversation to enjoy our charmed local bar. An eclectic menu features fantastic Prime Burgers on homemade brioche buns, as well as scratch soups, salads and entrées, including chicken, salmon, lamb chops and steaks in a variety of different daily preparations. Chef Nikola Culakovski embraces various elements of traditional and new American cuisine.



LUXE BAR & GRILL IS A GREAT PLACE FOR A VALENTINE'S DATE!


Hours: Daily 11am-1am (Kitchen closes at midnight.)

Web: www.luxebarandgrill.com



Mack Avenue Grille

19841 Mack Avenue, Grosse Pointe Woods • (313) 886-0680

As the Mack Avenue Grille enters its fourth year under the ownership of veteran restaurateurs Louie and Dino Ropotos, they would like to kick things up a notch to complement the fine wines and premium beers they began offering last year. The brothers are adding some new fine dining dishes to their menu, including pan-seared and broiled Alaskan Cod, broiled Salmon, Classic Lamb Chops, Chicken Piccata and Chicken Marsala and more to their standard fare, including 31 gourmet salads and breakfast favorites, such as the ever-popular Very Berry Crème Brûlée French Toast. And true to their heritage, the Ropotos Brothers are announcing Saturday evening **GREEK NIGHT**, featuring all classic and favorite dishes. Of course, they are not forgetting what made Mack Avenue Grille more than a diner. They will continue to offer three homemade soups du jour or freshly homemade chili daily, burgers and all manner of diner sandwiches, fresh-squeezed orange juice and three-egg, whipped omelets of all combinations. All ingredients are fresh — no frozen fish here! 


MACK AVENUE GRILL IS A GREAT PLACE FOR BREAKFAST, LUNCH OR DINNER WITH YOUR VALENTINE!

Hours: Mon-Sat 7am-8pm, Sun 8am-3pm



Pepperoni Grille

22411 Greater Mack, St. Clair Shores • (586) 774-3998

As its name implies, Pepperoni Grille is a cheerful spot set in a welcome, casual atmosphere. The eatery features a small bar and dining room on one side of the central open kitchen, and a second dining room on the other side. It offers notable pizza along with a number of popular dishes from Calamari, Chicken Piccata and Lake Michigan Perch to Filet Mignon and New York Strip Steaks and Baby Back Ribs. The staff is friendly and courteous. The full bar offers wine, liquor and beer. Our Reverse Happy Hour from 8 p.m. to close 7 days features \$2 domestic beers, \$5 martinis and 1/2-off appetizers. Tuesday is half-off pizza all day, dine in or carry out. Wednesdays feature two signature pasta dishes and a bottle of wine \$38. 

TUESDAY, FEB. 14, IS VALENTINE'S DAY ... AND 1/2-OFF PIZZA NIGHT!

Hours: Mon 4-10pm; Tues-Thurs 11am-10pm; Fri 11am-11pm;
Sat noon-11pm; Sun 3-9pm

Web: www.pepperonigrillescs.com



Shores Inn

23410 Greater Mack St. Clair Shores MI 48080 • (586) 773-8940

Established in 1937 and under the same ownership since 1969, the Shores Inn has been a local favorite for generations. Featuring 150 craft beer selections, an enclosed heated patio (with fire pit) and Happy Hour 7 days a week (buy one appetizer, get one free of equal or lesser value with two beverage purchase), the Shores Inn is a popular gathering spot for all ages. Delicious, homemade pizza has just been added to the extensive menu and daily specials keep hungry guests coming back:

Monday - Burger Bash (burger and fries) \$5.49. Kids meals 1/2 off 5:30-7:30 pm, different character each week, fun and games!

Tuesday - 1/2 off pizza!

Wednesday - All you can eat Perch \$12.99, 4-9 p.m.

Thursday - Fajita Frenzy \$10.99; Rib Rave (1/2 slab with fries) \$10.99

Sunday - Prime Rib \$14.99





Hours: Mon-Sat 11am-2am; Sun Noon-2am

Web: www.shoresinn.com



Sierra Station La Cantina

15110 Mack Avenue, Grosse Pointe Park • (313) 822-1270

The Sierra Station was established in 1977 and has transformed into a favorite Grosse Pointe Park destination. The Sierra Station prides itself as a family-style Mexican restaurant, offering affordable dinners. Most impressive is the food! Few restaurants survive 36 years unless they have great food. The entrée menu features more than 30 dishes served with the standard rice and beans. House specialties are the Verda Sauce and Chili Relleno. It is one of the few places you can sit down, eat authentic Mexican food, have a Margarita, enjoy the South-of-the-Border ambience and bric-a-brac and let your kids run free. The patio veranda is an ideal space to throw your wedding party, family celebration or business luncheon. Prefer an indoor setting for your event? Sierra Station has a private dining room filled with beautiful authentic decorated space capable of setting 40 guests. Join us on Thursdays for \$3 large Margaritas! Carry-outs available.  

PROSPERO AÑO NUEVO!

Hours: Lunch: Thurs-Fri 11:30am-1:30pm

Dinner: Open daily at 5pm

Web: www.sierrastationgpp.com

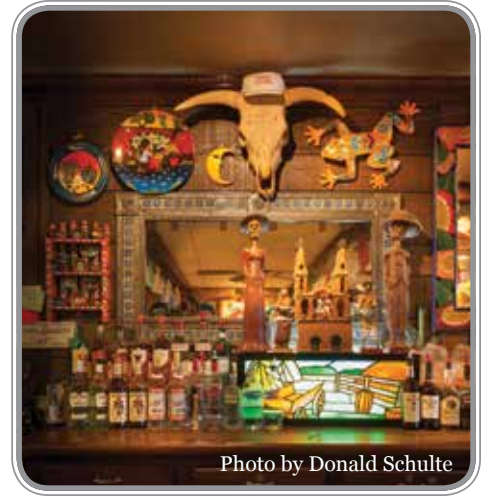



Photo by Donald Schulte

Telly's Place — Est. 1982

20791 Mack Ave., Grosse Pointe Woods • (313) 881-3985

As a staple of the Grosse Pointe Woods neighborhood since 1982, Telly's isn't your normal bar and grill. Walk in off Mack and you'll instantly notice that with over 30 years of history, a sense of warmth, friendliness and contemporary atmosphere abounds. Look around and you'll see a couple on a romantic date, sharing an order of our signature spinach dip and chips, a group of friends celebrating a birthday with our specialty martinis, or people sitting at the bar, watching the game on our flat-screen TVs. Everyone is welcome at Telly's. Everyone is family at Telly's. Owners and native Grosse Pointers Ty and Jimmy are committed to bringing you the atmosphere, quality and service that has made Telly's an institution. 

Telly's Specials:

- Monday - \$4 Margaritas
- Tuesday - Bar Bingo 9 p.m.-Midnight
WIN gift cards!
- Wednesday - \$5 Specialty Martinis
- Wednesday-Saturday
Live Entertainment
- Sunday - .50 Wings and \$2.50 Domestic Beers

HAPPY HOUR 7 DAYS A WEEK 3-6 PM: \$1 OFF ALL DRINKS AND \$4.99 SELECT APPETIZERS


Hours: Mon-Sat 11am-Close; Sun Noon-Close

Web: tellysplace.com



The Big Salad

19587 Mack Ave., Grosse Pointe Woods • (313) 447-5666

ARE YOU INTERESTED IN SOMETHING FRESH? At the Big Salad we pride ourselves on our service, the quality of our produce and making your dining experience as enjoyable as possible. We know you have a choice and want you to be happy that you chose The Big Salad. The Big Salad is an exciting restaurant, with a welcoming setting that offers soups, salads, sandwiches, soft drinks and munchies, such as chips and cookies. Although a limited variety of pre-made salads will be available, The Big Salad specialty is in having its customers design their own custom salad. While the customer makes their choices, the chef behind the counter fills the customer's bowl with their selections. At no point is the customer ever touching the food. Finally, when the customer reaches the end of the line, they choose from a variety of dressings and select if they would like their salad tossed or chopped. The belief of The Big Salad concept is that customers today demand more custom options of their menu choices. Visit The Big Salad today or check out our full menu at www.mybigsalad.com. 


Hours: Mon-Sat 10:30am-8pm; Sun 11am-4pm

Web: www.mybigsalad.com



Villa Restaurant and Pizzeria

21311 Gratiot Avenue, Eastpointe • (586) 778-1780

Loretta, Tony, and Joe are the third generation of the Paleschi family to operate the Villa. Following in the footsteps of their grandparents, Antonio and Arcangela and parents Orlando and Anna, they maintain the family tradition of authentic, home-style Italian cooking started in 1956. The restaurant has experienced numerous expansions and renovations over the past 60 years, but remains in its original location. One thing that has not changed over the years is their commitment to offering a quality meal in a comfortable setting at a moderate price. Customer favorites include: veal parmigiana, baked spaghetti, lasagna, chicken marsala, ravioli, and of course hand tossed round pizza, cooked in a stone oven. For those who prefer deep-dish pan pizza, Villa's is unrivaled. To complete your meal Villa offers several desserts such as: tiramisu, lemon ice, spumoni and of course handmade cannolis. A fine selection of beer, wine and liquor is also available. If you have never tried Villa, stop by and see why they have been an Eastside favorite for over six decades. The family motto has always been, "Let our family serve your family." 



Located minutes from the Pointes

Hours: Mon-Sat 4-10pm, Sun 2-9:30pm



Watermark Bar & Grille @ Jefferson Beach Marina

24400 Jefferson Ave., St. Clair Shores • (586) 777-3677

The Watermark is Fine Dining at its Best — With it's amazing views and classy but casual atmosphere, WaterMark Bar & Grille is your go-to place for drinks after work, a date with that special someone or that special event, or just a dinner out with the family. Louie and Dino Ropotos, owners of the popular Mack Avenue Grille, invite you to come by boat, car, bicycle or on foot to their newest culinary venture — the Watermark Bar & Grille at Jefferson Beach Marina on the Nautical Mile in St. Clair Shores. The Ropotos brothers have converted the former nightclub into a family-style waterfront restaurant. Like they have done at Mack Avenue Grille, all their food — from salads, to burgers, to vegetable wraps to pasta, to Lobster Mac & Cheese and daily fish specials — all their food is made from the freshest ingredients purchased daily. And you won't want to miss our great pizza offerings straight out of our new, state-of-the-art pizza oven! Our fabulous 40-stool bar and some 40 dining tables inside — not to mention the outdoor bar and deck — can accommodate any crowd. Come in check out what everyone is talking about — the Watermark Bar & Grille! 



THE WATERMARK IS THE PERFECT SPOT FOR VALENTINE'S DAY, FEB. 14!

Hours: Daily 11am-Close

Web: www.watermarkbarandgrille.com



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**Ice carving at City of Grosse
Pointe's Annual Winterfest**

Photo courtesy of Parks and
Recreation, City of Grosse Pointe



FROSTY FESTIVITIES

*from the Woods to the Park
and everywhere in between*

*F*or those of you who think the wintry fun begins and ends with the holiday season, think again. This year, four epic Grosse Pointe winter festivals will take advantage of Michigan's frigid temperatures to delight guests of all ages!

Winterfest on the Hill

Saturday, January 28, 11 a.m. - 3 p.m.

This free event features a festive assortment of family activities including the Soup Challenge on the lower level of 131 Kercheval. All are welcome to enter and show off their culinary talents!

The judges' pick and the winner of the public vote will receive a \$100 gift certificate to the restaurant of their choice on The Hill.

Kercheval Ave. will be packed with activities such as putt-putt, s'mores stations, live ice carving demonstrations, DIA Away exhibit, face painters, crafts and cookie decorating.

Please call the Parks and Recreation Department at (313) 343-2405, if you have any questions!



**SCORE-O competition
at Grosse Pointe Woods
Annual Winterfest**

Photo courtesy of
Grosse Pointe Woods

Grosse Pointe Woods 16th Annual Winterfest

Saturday, January 28, 12-2 p.m.

The 16th Annual Winterfest at Lake Front Park includes a chili cook-off, cookie challenge, inflated slide, lunch and refreshments and SCORE-O competition.

Chili cook-off participants should arrive at 10:30 a.m. and cookie contest participants should arrive at 10:45 a.m. Judging begins at 11:45 a.m. with winners to be announced



Hockey shoot out at City of Grosse Pointe's Annual Winterfest

Photo courtesy of Parks and Recreation, City of Grosse Pointe

immediately after.

Lunch, refreshments and inflated slide rides for children will be open from 12 p.m. to 2 p.m.

The SCORE-O competition, a free event for residents and their guests, will take place at 1 p.m.

Registration for all competitions is required by January 20 by calling (313) 343-2408 or

e-mailing parks@gpwmi.us.

City of Grosse Pointe's 13th Annual Winter Fest

Saturday, January 28, 1 p.m.

The annual festivities include ice carving, curling, hockey shoot out, ice skating, broomball, live animals, petting farm and arts and crafts. Guests can participate in a scavenger hunt and visit with surprise famous guest appearances (Winter Fest themed characters)!

For comfort from the frosty weather, warming fires will be set up and guests can enjoy complimentary s'mores, hot chocolate and a \$5 catered meal and pig roast.

The City's Annual Winter Fest is open to City residents and their guests. Valid park passes are required for entry into Neff Park and two guests per park pass will be permitted.

Admission is free, but an optional \$5 wrist band for a catered meal is available. Food will be served at 2 p.m.

2017 Grosse Pointe Park Chilly Fest

Saturday, February 4, 12-4 p.m.

Windmill Pointe Park will be the home of outdoor and indoor fun!

Festivities include a s'mores station, four wheel saucer rides, ice fishing, "Funny Faces" face painting, balloon artist, inflatable bounce houses, chili cook-off, snow hill (weather permitting) and Lavins Center Spa chair massage and nail services.

Park Café will have chili, hot dogs and all the fixings available for purchase at the Tompkins Center.

The Park Trolley will run to and from Patterson Park for skaters and those who wish to ride the trolley!

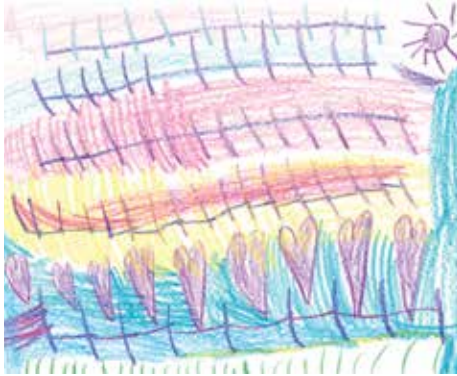


Above, cookie contest and lunch at Grosse Pointe Woods Annual Winterfest

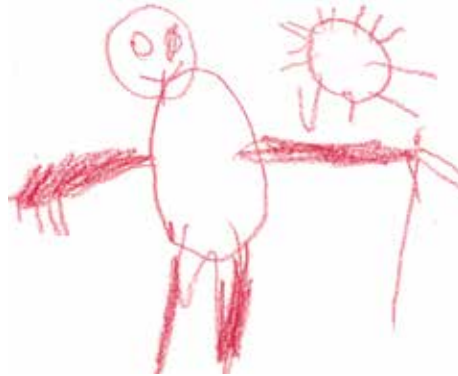
Photos courtesy of Grosse Pointe Woods

Happy Valentine's Day!

*In honor of Valentine's Day,
we asked Grosse Pointe Academy
Early School students what they love ...*



"I love everything, especially being outside in the sunshine!" - Catherine Foka, 4



"I love fishing!" - Jack Gryzenia, 4



"I love my house!" - Jane Brennan, 4



"I love the beach." - Riley Haas, 5



"I love to go to the beach!" - Madison Iverson, 5



"I love to go to California to the beach and Disneyland." - Cooper Osten, 5



"I love to go to Florida and see the palm trees and the sand. I like to visit my grandma and grandpa." - Taylor Rivers, 5



"I love my family!" - Carter Tourangeau, 5



"My family and I fishing. I love spending time with them!" - Ryleigh Willson, 5



"I love school and learning about Vincent Van Gogh. He painted the Starry Night." - Skylar Zaglul, 5

Meet Eric



Name	Eric Bull Kinney
Age	63
City	Grosse Pointe Woods
Occupation	Marine Manager at Frankenmuth Insurance Company, specializing in the yacht product

Eric's Favorites

Season

I love the change of seasons; but being a boater, summer is King; the rest are Queens.

Book

Anything written by James A. Michener

Food

Unfortunately, all food is my favorite.

Musical Artist

Addicted to Bob Marley and all reggae; Jimmy Buffet is a favorite.

Vacation

The next one. We just returned from Iceland; geysers, volcanoes, rainbows, waterfalls, icebergs and amazing fjords

Restaurant

Grosse Pointe Yacht Club

Activity

Catching a perch dinner

Movie

Bing Crosby's *White Christmas*

What was your first job?

I was a deckhand on the Bethlehem Steel Stuart J. Cort during the 1972 season. It was the first 1,000-foot freighter on the Great Lakes.

What is the best trip you've ever taken?

My life. I have been blessed with a wonderful experience and a great life partner, Cyd.

What is the most historical day in your lifetime?

The John F. Kennedy assassination in November 1963

What accomplishment are you most proud of?

Being the president of the Nautical Mile Merchants Association during the successful Street Scape project of 1995-96.

Are you a collector of anything?

Memories of our travel experiences with our Team Travel buddies, Kimberley and Mark

Words to live by?

I may not be able to outsmart too many people, but I will always outwork them.

About Eric

Eric and wife Cyd are parents to a wonderful border terrier, Bandit, and love travel and boating.

"Cyd and I are both 1976 graduates of Albion College where I was the Inter-Fraternity Council President and coach of the lacrosse team. After graduation I went to work with Clark Equipment in their management training program in Dayton, Ohio. I then became a minority partner as VP and General Manager of Northeast Clarklift. In 1988, Cyd and I moved to Albany, New York, where we were majority partners of Capital Clarklift.

In 1990, we moved back to Michigan and I became partners with my father-in-law, Roy Fritsch. The family owned Independent Insurance Agency dated back to 1875. Fritsch-Kinney was located on the Nautical Mile and we specialized in boat and yacht insurance. The agency and its many long time loyal marine customers are currently serviced by VanTol – Vitelli Group.

Six years ago, I went to work as an employee (not an agent) for Frankenmuth Insurance Company as Marine Manager. We sell our marine products to many quality Independent Insurance Agencies such as VanTol – Vitelli. I enjoy providing peace of mind to the boating community."

Meet Dr. Monica



Name	Dr. Monica Johnsonbaugh
Age	34
City	Grosse Pointe Woods
Occupation	Doctor of Optometry

Focus 313 Eyecare

Focus 313 Eyecare provides comprehensive medical eye care and unique, handcrafted artisanal eyewear. We absolutely love to help our patients and customers find the perfect pair of glasses that truly expresses their personality.

Our collection of independent frame lines comes from around the world and have a strong focus on craftsmanship and quality. We carry many brands commonly worn by celebrities such as DITA, SALT., Cutler and Gross, Linda Farrow, Mykita and Matsuda. This selection of eyewear has drawn many people from outside of our community (and even across the state!) into Grosse Pointe. We are highly focused on supporting local businesses and used a Detroit company to make all of our displays and shelving out of reclaimed wood from old Detroit homes.

We accept both medical and vision insurance plans and flex spending as well. Come see us to experience excellent service, eye care and eyewear for adults, teens and children.

Focus 313 Eyecare is located at 17135 Kercheval Ave. in The Village. Visit www.focus313.com or call (313) 473-9339 to schedule an eye appointment!

Why did you want to become an eye doctor?

I started wearing glasses in kindergarten and contact lenses in fourth grade. I absolutely loved the way my contact lenses helped me see the world and knew I wanted to do the same for others.

If you weren't an eye doctor, what would you be?

Neurosurgeon. The brain fascinates me!

Tell us something about you that most people don't know.

I am fluent in Assyrian and Spanish. And I know a few sentences in Chinese!

What is your favorite thing to do outside of work?

I love to spend time with my husband and our daughters.

What is the best advice you have received?

Focus! This one word of wisdom my husband repeatedly says to our daughters and myself packs a lot of meaning. It means we can do difficult things if we work hard enough. That one word has inspired me to get through many hardships and pursue my passions in life. And, given the other meaning of the word, we thought it was quite a fitting name for our practice!

What is the most memorable feedback you have received?

I once had a patient's mother come in to personally thank me for saving her daughter's vision and potentially her life with a thorough eye examination. She had been to other doctors who did not have answers for her before she came to see me. While I love helping my patients see clearly with glasses and contact lenses, taking care of the health of their eyes is even more rewarding!

About Dr. Monica

"In addition to running Focus 313 Eyecare, I am a consultant and key opinion leader for a contact lens and pharmaceutical company. I routinely travel around the U.S. and Canada to give presentations to educate other doctors and optometry students on new technology in contact lenses. My experience includes working alongside ophthalmologists of all specialties and I am medically trained to treat and monitor many eye diseases. I offer pediatric eye care, dry eye care and specialty contact lens examinations.

I am so thankful for the opportunity to serve the eye care needs of my own community!"

Dr. Monica and husband Andrew have two daughters, Emma, 5 and Claire, 2. In her free time, she enjoys traveling, running and yoga.

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This year's auction celebration, *An Evening of Espionage*, features a playful undercover-spy theme, and will be held on Saturday, Feb. 25. Working alongside Auction Chair Danielle Brousseau are Honorary Chairs Tom and Patti Vaughn. The Vaughns have assumed many roles in their history at Star, first, as Star students, and later as parents to four Star students, and they have been lifelong parishioners. "Star has been an exceptional place for us and for each of our children; providing a great 'springboard' for all of us. Star will always be home for our family which is why we continue to support the school through the annual auction," states Mrs. Vaughn.

Some of the items made possible by the success of past auctions are iPads for each classroom, a new computer lab, and implementation of a new STEM curriculum. Proceeds from this year's auction will continue to enhance the education for all the students of Star. Over the past 13 years of being part of Star's auction, Brousseau states, "There is no greater motivation than what I witness while visiting the school and seeing the benefits provided by auction funds within the classrooms. I wish all those who support the auction could see how they have impacted the education of the students."

The auction celebration will take place at the Grosse Pointe Yacht Club. The entire community is welcome, and a special invitation is extended to all Star alumni who have been part of the Star tradition! The cost is \$90 per person, which includes strolling dinner, cocktails, silent and live auctions and raffles.

Included among the items offered in the evening's live auction will be a trip to Rome for a "VIP Vatican Exploration," a Comerica Park suite for a Detroit Tigers' game, Caribbean vacations, unique experiences with the Detroit Lions and Red Wings, incredible jewelry pieces and, fitting with the auction's spy-theme, a chauffeured "Mystery Experience" for six people. In addition, available auction raffles include a "Your Choice!" raffle giving the winner the choice between a 2017 Lincoln (two-year lease) or \$10,000. A second raffle provides a "Year of Dining" at some of the area's finest restaurants.

Auction 2017 sponsors include Bob Maxey Ford Lincoln, Wesley Orthodontics, Fusion Integrated Training Studio, the Bournias Family, HOUR Media and The Portrait Place.

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Who's Your Bartender Oct. 4 @ The Whiskey Six

Photos by Christine M.J. Hathaway



Rebecca Gualdoni and Jennifer Spicher



Jennifer Silva and Jennifer Bierkle



Evonne Schott, Sam Stevenson, Sgt. Jesse Cowell, Elizabeth Cowell and Douglas Nadolski

SOC Speakeasy* Oct. 13 @ The War Memorial

Photos by John Minnis

*Services for Older Citizens 20th Annual Auction Gala



Erin and Peter Disante



Mike LeFevre and Suzie Starnes



Mark and Nancy Wollenweber



Patrick and Sandra Beard, Catherine O'Malley and Liz and Bob Rader



Richard Thomas and Laura Lynch



Lori and John Stefek



Florence Seltzer and Robert and Adura Calhoun



Bill Champion, David Dieter and Bruce Bradley



Barbara Palazzolo and Shirley Kennedy

Celebrate Michigan's Military* Oct. 15 @ Sterling Ponds Court

Photos by Christine M.J. Hathaway

*Fundraiser for Guardian Angels Medical Service Dogs



Charles Burke, Judy Barker, Gary Patrosso and Dave Klatt



Valerie and Patrick Moran



Beline Obeid, Sheri Totte and Patricia Minnick



Ginnie Rice, Marlene Boll and Nora Maroun



Tony Obeid, Ty Totte and Steve Minnick



Zach and Bob Reynolds, Ray Lemons and Justin Long

Grosse Pointe Garden Center '365' Oct. 20 @ The War Memorial

Photos by Christine M.J. Hathaway



Robin Heller, Leslie Loffredo, Jean Azar and Mil Hurley



Wendy and Jody Jennings and Cecelia Barr



Anne Burke, Kurt Shuck and Mary McHale



Lee Thomas, Cress Meier and Barb Thomas



Wendy Jennings and Beth Whitney



Elizabeth Klein and Mary Wilson

Masquerade for Meals* Oct. 23 @ The Roostertail

Photos by Christine M.J. Hathaway

*Fundraiser for Detroit Area Agency on Aging



Ashley Clark and Ashley Standifer



Jamal Robertson and Jane Riley



Alex Cullen and Michael Rozel



Derrick Forney, Greg Luna, Tony Tovar and Jamal Robertson



Terri Mack



SaTrice Coleman Betts and Michael Betts

Putting on the Glitz* Oct. 27 @ The Roostertail

Photos by Christine M.J. Hathaway

*Fundraiser for Full Circle Foundation



Debbie and Bob Graziani



Anthony and Marie DeLuca, Mark McLaughlin, Hon. Russ Etheridge and Lisa Cleary



Jasmine Scott and Yarnell Waller



Bill and Ruthie Mestdagh and Bill Mestdagh Jr.



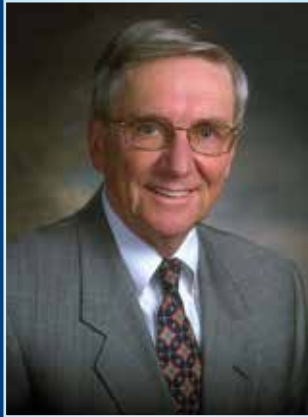
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Megan Wiley, Liz Mercer and Amy Fodell

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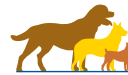
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Rudy & Lucy

Rudy Labadie and Lucy Berschback on Halloween as the the happily married couple.



Daisy

Daisy shares her Grosse Pointe Woods home with her mom, Christina Pitts, and her fur person sister, Dusty's Little Blue Star (Dusty). She loves the ball circle and time outdoors.



Dusty

Dusty's Little Blue Star (Dusty) shares her Grosse Pointe Woods home with her mom, Christina Pitts, and her fur person sister, Daisy. Her favorite toy is the flying bird and she was born on Valentine's Day!



Wyatt

Wyatt is a one-year-old Golden Doodle. In his first year, he has taken full advantage of the Michigan seasons. He's enjoyed having snow ball fights with Dad, leading the way on the tandem bike, taking long swims in the lake and pouncing around in piles of leaves.



Blue

Two-year-old Blue, a Ragdoll breed named after "Blue Eyes Sinatra," enjoys sleeping, playing and more sleeping. Talent agents are Jon and Alex Kelly.



Finnegan

Eight-year-old Finnegan is filled with happiness and love. His owners have trained him to obediently run next to the bike for his walks, giving him the ultimate in exercise.

Is your pet overweight?

By Dr. Elizabeth Doppke

Just as there is a national obesity epidemic in humans, the same holds true for our pets. It is estimated that over half of all dogs and cats in the U.S. are overweight or obese. The most common cause of obesity is an imbalance of calories consumed and calories expended. Other causes may include an underactive thyroid gland, Cushing's disease or an insulin secreting tumor.



The excess weight your pet carries around can result in serious adverse health effects such as arthritis, high blood pressure, diabetes, kidney disease, heart and respiratory disease, cancer and a decreased life expectancy. Studies have shown obesity can decrease your pet's life expectancy by as much as 2 1/2 years!

Your veterinarian can diagnose obesity with a physical exam. If the ribs cannot be felt or a waist cannot be seen while standing over your pet, he or she is likely overweight. While it may take a little effort, obesity can be treated by increasing exercise and decreasing caloric intake. There are many diets your veterinarian can help you choose that are formulated to help with weight loss. Generally, diets rich in protein and fiber but low in fat are advisable.

Obesity may be prevented by limiting the use of treats, not offering table scraps and feeding a high quality pet food. Offering and encouraging an exercise routine is also very important. Monitoring your pet's body condition and maintaining regular annual veterinary visits will also help to keep your pet's weight in check.

Dr. Doppke is a 2005 graduate of Michigan State University. She joined the veterinary staff of Harper Woods Veterinary Hospital in 2005.

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08 SUNDAY

- North American International Auto Show at Cobo Center through Jan. 22, information at naias.com

10 TUESDAY

- Grosse Pointe Chamber of Commerce Business After Hours at Grosse Pointe Theatre, 5:30-7 p.m.

11 WEDNESDAY

- The Family Center Play Central in the Barnes Early Childhood Center Gym, 20090 Morningside Drive, Grosse Pointe Woods, \$5 per family visit, a place for parents, grandparents and all caregivers to play with their children while socializing with other families in an indoor play setting, Play Central follows the Grosse Pointe Public School District calendar so holidays and snow days will be observed as the buildings will be closed, get a free visit coupon at familycenterweb.org, takes place through June 1, Wednesday and Thursday, 9 a.m. - 11 a.m.

14 SATURDAY

- Grosse Pointe Animal Adoption Society Adoption Day at Services for Older Citizens, small dogs and puppies 12-1:30 p.m., medium and large dogs 1:30-3 p.m., cats 12-3 p.m.; and at City Bark, cats and kittens 12-2 p.m.
- Izzy's Second Saturdays at Provencal-Weir House, make a homemade snow globe, ages 7 and up, \$20 per member, \$25 per non-member, reservations required by Thursday, Jan. 12 by calling Izzy at (313) 884-7010, takes place 1-3 p.m.

- Grosse Pointe Historical Society Open House at Provencal-Weir House and Resource Center, 1-4 p.m.

16 MONDAY - Martin Luther King, Jr. Day

17 TUESDAY

- Tea Tasting at Rendezvous with Tea, \$25 reserves space, call (313) 332-0787 for more information, 6 p.m.

20 FRIDAY

- Yoga in the Stacks, program for Grosse Pointe Library Foundation's A Night in the Stacks series at Central Library, yoga class led by Amy Koenig of the Yoga Shelter featuring live music by Chris Emmerson, enjoy healthy juices and snacks provided by Jungle Juice, \$10 online and at the door, walk-ins welcome, 7-9 p.m.

22 SUNDAY

- A-List Artisans Share Their Secrets at Alger House, The War Memorial, call (313) 881-3454 to register, 2 p.m.
- Grosse Pointe Theatre presents "Fiddler on the Roof" at The War Memorial, also Jan. 26-29, Feb. 2-4, visit gpt.org for performance times and tickets
- Soulful Sundays "Word of the Year Mantra" Canvas Workshop at Cornwall Bakery with Megan Gunnell, \$95 per person, 2:30-5:30 p.m.

24 TUESDAY

- Grosse Pointe Chamber of Commerce Business After Hours at Posterity Gallery, 5:30-7 p.m.

26 THURSDAY

- Grosse Pointe Chamber of Commerce 2017 Chamber Annual Membership Dinner and Pointer of Distinction Awards at Grosse Pointe Yacht Club, \$75 per person, 5:30-8 p.m.

28 SATURDAY

- Winterfest on the Hill, free event including the Soup Challenge on the lower level of 131 Kercheval, judges' pick and the winner of the public vote will receive a \$100 gift certificate to the restaurant of their choice on The Hill, other activities include putt-putt, s'mores stations, live ice carving demonstrations, DIA Away exhibit, face painters, crafts and cookie decorating, 11 a.m. - 3 p.m.
- Grosse Pointe Animal Adoption Society Adoption Day at Services for Older Citizens, small dogs and puppies 12-1:30 p.m., medium and large dogs 1:30-3 p.m., cats 12-3 p.m.; and at City Bark, cats and kittens 12-2 p.m.
- Grosse Pointe Woods Winterfest at Lake Front Park, featuring a chili cook-off, cookie challenge, inflated slide, lunch and refreshments and SCORE-O competition, 12-2 p.m.
- City of Grosse Pointe's 13th Annual Winter Fest at Neff Park, festivities include ice carving, curling, hockey shoot out, ice skating, warming fires, broomball, live animals, petting farm, arts and crafts, scavenger hunt, surprise famous guest appearances, complimentary s'mores, hot chocolate and a \$5 catered meal and pig roast, 1 p.m.

04 SATURDAY

- Grosse Pointe Park Chilly Fest at Windmill Pointe Park (trolley ride to Patterson Park), festivities include a s'mores station, four wheel saucer rides, ice fishing, face painting, balloon artist, inflatable bounce houses, chili cook-off, snow hill, Lavins Center Spa, chili and hot dogs, 12-4 p.m.

10 FRIDAY

- Friends of the Grosse Pointe Public Library Book Sale at Woods Branch, 10 a.m. - 4 p.m.

11 SATURDAY

- Friends of the Grosse Pointe Public Library Book Sale Bag Day at Woods Branch, 10 a.m. - 2 p.m.
- Detroit Boat Show at Cobo Center through Feb. 19, information at detroitboatshow.net
- Grosse Pointe Animal Adoption Society Adoption Day at Services for Older Citizens, small dogs and puppies 12-1:30 p.m., medium and large dogs 1:30-3 p.m., cats 12-3 p.m.; and at City Bark, cats and kittens 12-2 p.m.
- Behind the Scenes Tour at Ford House, \$13 per member, \$15 per non-member, \$22 to combine with General House Tour, register at fordhouse.org, 1-2:30 p.m., if adding General House Tour, arrive at 11:45 a.m.
- Izzy's Second Saturdays at Provencal-Weir House, dip strawberries into white melted candy and add Valentine's sprinkles for a delicious treat, ages 7 and up, \$20 per member, \$25 per non-member, reservations required by Thursday, Feb. 9 by calling Izzy at (313) 884-7010,

takes place 1-3 p.m.

- Grosse Pointe Historical Society Open House at Provencal-Weir House and Resource Center, 1-4 p.m.

12 SUNDAY

- Behind the Scenes Tour at Edsel & Eleanor Ford House, \$13 per member, \$15 per non-member, \$22 to combine with General House Tour, register at fordhouse.org, 1-2:30 p.m., if adding General House Tour, arrive at 11:45 a.m.
- The Science of Blending and New at Alger House, The War Memorial, call (313) 881-3454 to register, 2 p.m.
- Soulful Sundays "The Inspired Art Journal" at Cornwall Bakery with Megan Gunnell, \$95 per person, 2:30-5:30 p.m.

14 TUESDAY - Valentine's Day

17 FRIDAY

- Detroit Writers in the Stacks, a program for Grosse Pointe Library Foundation's A Night in the Stacks series at Central Library, a special evening with Wayne State Press authors Desiree Cooper, Terry Blackhawk and Kelly Fordon, enjoy a wine and chocolate reception generously provided by Lakeland Banquet & Event Centre, followed by readings and a question and answer session, \$30 online, limited tickets sold at the door, register at gplf.org, begins at 7 p.m.

18 SATURDAY

- Behind the Scenes Tour at Ford House, \$13 per member, \$15 per non-member, \$22 to combine with General House Tour, register at fordhouse.org, 1-2:30 p.m., if adding

General House Tour, arrive at 11:45 a.m.

20 MONDAY - President's Day

- GPPL Storytime with Santa in Woods Story Room, 10:30 a.m.

21 TUESDAY

- Grosse Pointe Chamber of Commerce Business After Hours at Johnstone & Johnstone, 5:30-7 p.m.

25 SATURDAY

- Behind the Scenes Tour at Ford House, \$13 per member, \$15 per non-member, \$22 to combine with General House Tour, register at fordhouse.org, 1-2:30 p.m., if adding General House Tour, arrive at 11:45 a.m.
- Grosse Pointe Animal Adoption Society Adoption Day at Services for Older Citizens, small dogs and puppies 12-1:30 p.m., medium and large dogs 1:30-3 p.m., cats 12-3 p.m.; and at City Bark, cats and kittens 12-2 p.m.
- "Evening of Espionage" Our Lady Star of the Sea Auction at Grosse Pointe Yacht Club, \$90 per person includes strolling dinner, cocktails, silent and live auctions and raffles, visit olsos-auction.org for more information

26 SUNDAY

- Behind the Scenes Tour at Ford House, \$13 per member, \$15 per non-member, \$22 to combine with General House Tour, register at fordhouse.org, 1-2:30 p.m., if adding General House Tour, arrive at 11:45 a.m.



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A HOCKEY GAME FOR UNCOMMON HEROES

By Melissa Walsh



Photo by Tim Fuller Photography

John Ogrondnik of DRWA, Mary Stahl, Team Stahls Defense Coach Ken Morrow, Team Stahls Head Coach Mark Wells and Paul Sabatini and Dan Stahl of Team Stahls

Americans glorify Olympic athletes for their work ethic and performance. Yet many more American heroes, who after courageously serving in the U.S. Armed Forces, remain unknown, unglorified.

The late Herb Brooks, Head Coach of the 1980 USA Men's Olympic Hockey Team, said, "Common men go nowhere. You have to be uncommon." To train as an elite athlete in order to raise the American flag on the Olympic pedestal is uncommon. To survive battles in Iraq and Afghanistan in order to raise the American flag at home is uncommon and merits our utmost attention and respect.

On Nov. 12, a roster of 17 amateur hockey players sponsored by Ted and Mary Stahl of Grosse Pointe Woods faced a formidable unit of Detroit Red Wings Alumni (DRWA) in a charity hockey game benefitting disabled veterans and their families. This was the finale of the Stahls inaugural Hat Trick for Heroes, a Veterans Day weekend series of events. Stahls met the goal of raising \$100,000 for Michigan's Disabled American Veterans (MI-DAV).

"It's a small token of our saying 'thank you' for their service," says Mary Stahl. "We can all do a lot more."

"We wanted to do something for the veterans this year," says Team Stahls Captain Paul Sabatini.

So Ted and Mary commissioned USA Hockey 1980 Olympic Gold Medalist Mark Wells to return as Team Stahls Head Coach. He brought with him to the bench USA Hockey 1980 Olympic Gold Medalist Ken Morrow as the Defense Coach and U.S. military veteran Steven Jackson as Assistant Coach.

Also playing for Team Stahls was John Lind, who served in the U.S. Marine Corps in South America and Grenada, in the U.S. Air Force as a civil engineer and in the U.S. Navy as

a Seabee. Lind is also the Director of Arsenal of Democracy Museum in St. Clair Shores.

Before a sold-out crowd of 900, Mary Stahl – a strong hockey matriarch who has played some puck with her family on the pond – dropped the puck to begin this game that produced seven goals for Team Stahls and nine goals for DRWA.

"Hockey is a very camaraderie-based sport," says Team Stahls Captain Dan Stahl. Indeed, the hockey team is a battle unit of brotherhood. And what mattered in this tilt was the win for Michigan's disabled veterans.

"I'm a big believer that the veterans and law enforcement need to be taken care of," says DRWA defenseman and USA Hockey 1984 Olympian Al Iafrate, who grew up in Livonia.

As Head Coach of the Michigan Warriors, a local hockey team of disabled veterans, John Blum has witnessed combat veterans working through the physical and emotional trauma of the battlefield by applying their warrior instincts on the ice in the unit of a hockey team.

"They're unbelievable," says Blum, DRWA defenseman and native of Warren, Mich. "I've never seen a respect level like that or work ethic."


Ted and Mary Stahl's support of our veterans grew from having family members who have served or are currently serving. Joining their love for hockey to this giving-back commitment proved rewarding for the MI-DAV and for the 900 fans that witnessed the best of the hockey game. 

Photo by Michael S. Doré/DRWA



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